

# Energy Therapy Network of the Mid-Atlantic States

## Membership Directory 05/15/09

### Telephone Counseling

Name: **Joanne Aaronson**  
Profession: Intuitive Life Coach/Reiki Practitioner, Speaker, Author  
Address: 11490 Waterhaven Court  
Reston, VA 20190  
Home Phone: 703-624-0130  
Email: [Life\\_transformations@verizon.net](mailto:Life_transformations@verizon.net)  
Therapies: Reiki, reading energy via auras, intuitive technologies, past or present life energies  
Specialization Intuitive healing, creativity and life changes, decision making. Joanne holds certifications in intuitive development from the ARE's Institute for Intuitive Studies (EIS). She has an interesting combination of corporate experience combined with her intuitive work to aide the individual for self empowerment whether for relationships, career advancement or creating the ideal financial situation. Her latest workshop is called Enlightened Leadership to empower corporate leaders to create their ideal organization.  
Website: [www.empowerchangenow.com](http://www.empowerchangenow.com)

Name: **Dianne Eppler Adams, ISAR-CAP**  
Profession: Certified Astrological Professional  
Address: 501 Slaters Lane #422  
Alexandria, VA 22314  
Phone: 703-548-4552  
Email: [SpiritinMatters@aol.com](mailto:SpiritinMatters@aol.com)  
Therapies: Life-affirming astrological consultations offered in personal or by phone. Dianne combines an in-depth astrological knowledge with a keen intuition and loving spirit to provide personal growth, relationship and career guidance. If you seek a new perspective on your life, you may be surprised by the insight gained through the lens of astrology.  
Comments: Having studied various metaphysical teaching from A Course in Miracles to the writings of Alice Bailey for over 25 years, Dianne is passionate about viewing all of life as spiritual and thus realizing the sacred in everyday life.  
Website: [www.SpiritinMatters.com](http://www.SpiritinMatters.com)

Name: **Marilyn Adams, L.Ac.**  
Profession: Acupuncturist  
Address: 9-B 8<sup>th</sup> Street, S.E.  
Washington, D.C. 20003  
Office Phone: 202-543-1911  
Home Phone: 202-546-7979

Email: [capitolhillacupuncture@verizon.net](mailto:capitolhillacupuncture@verizon.net)  
Therapies: Acupuncture, maxibustion, herbs, flower remedies, aromatherapy, kinesiology, gestalt psychology, allergy elimination.  
Specialization Children with allergies  
Comments: I educate the patient about their health and always seek the cause.

Name: **Marietta Amatangelo, MS, RD/LD**  
Profession: Integrative Holistic Nutritionist - Master Reiki Energy Healer/Teacher  
Address: Millhaven Place  
Germantown, MD 20874  
Phone: 301- 528-3168  
Email: [sweettomato@comcast.net](mailto:sweettomato@comcast.net) or [MettaNutrition@comcast.net](mailto:MettaNutrition@comcast.net)  
Therapies: Holistic Nutrition - Energy Healing - Reiki

Name: **Joaquin Andrade, M.D.**  
Profession: Physician  
Address: Rambla O'Higgins 4967  
Montevideo, Montevideo 14100, Uruguay  
Office Phone: 5982 613 8943  
Home Phone: 5982 124812  
Email: [drja@adinet.com.uy](mailto:drja@adinet.com.uy)  
Therapies: All kinds of tapping systems, Process Healing, BSFF, EMDR, NLP, etc.  
Specialization Internal medicine. Anxiety, mood and learning disorders.  
Comments: I'm ready to learn from you!

Name: **Joael Arnaudo**  
Profession: Counselor, Coach, Healer  
Address: 22833 Bothell Everett Hiway  
Suite 102-1266  
Bothell, WA 98021  
Cell Phone: 425-770-5557  
Home Phone: 425-481-9095  
Email: [askcja@aol.com](mailto:askcja@aol.com)  
Therapies: TFT, EFT, EMDR, TAT, Neurolink - Kinergetics  
Specialization Trauma - addictions - health education  
Comments: Classes in TFT, EFT, Reiki

Name: **Carol Auletta, LCSW-C**  
Profession: Clinical Social Worker  
Address: 15102 Nottingham Road  
Upper Marlboro, MD 20772  
Office Phone: 301-888-1323  
Home Phone: Same  
Email: [cauletta@aol.com](mailto:cauletta@aol.com)  
Therapies: EMDR, hypnotherapy, cognitive, coaching  
Specialization Depression, anxiety, PTSD, pet loss, \*coaching  
Comments: I offer a half hour free sample session (via phone) for coaching clients

Name: **Anita Bains, (M.S., APRN, BC)**

Profession: Psychotherapist/Educator  
Address #1: 204 E. Joppa Road, PH#1  
Towson, MD 21286  
Address #2: One Central Plaza (across from White Flint Mall)  
11300 Rockville Pike, Suite 1250  
Bethesda, MD. 20852  
Phone: 410-760-8792  
Email: [anita\\_bains@comcast.net](mailto:anita_bains@comcast.net)  
Therapies: EFT, BSFF, TAT, Psych-K, EMDR, Heart Math, Positive Psychology,  
Cognitive-Behavioral, Family Systems, Psychodynamic.  
Specialization Stress release, trauma, PTSD, anxiety, phobias, depression, grief,  
distress of physical illness, life threatening illness, and performance  
issues. You will learn new and effective methods that have unlimited  
potential to bring about the life changes that you desire.  
Comments: I work with individuals of all ages, couples and groups. Available for on-  
site presentations. Offices in Bethesda and Towson.  
Website: [www.anitabains.com](http://www.anitabains.com)

Name: **Ron Ball, EFT-CC, EFT-ADV**  
Company: Inroads, LLC  
Profession: Speaker, trainer, consultant  
Address: P.O. Box 357  
Fredericksburg, VA 22404-0357  
Office Phone: (800) 930-7434 or (540) 972-2279  
Email: [ronball@inroads.cc](mailto:ronball@inroads.cc) or [reb@eftblog.com](mailto:reb@eftblog.com)  
Therapies: EFT  
Specialization Stress  
Comments: We teach individuals and organizations to use EFT as a self-  
development tool to create positive results at work, in play and  
everyday life. Our specialty is stress. We also do teleclasses, seminars  
and workshops. Use EFT to remove limits on being who you want to be  
and choosing how you want to feel. Visit our blog online, the EFTzone,  
for a wealth of information and resources on EFT. We also publish  
books on EFT.  
Website: [www.eustress.net](http://www.eustress.net), [www.stress-sucks.com](http://www.stress-sucks.com), [www.EFTzone](http://www.EFTzone) and  
[www.fayf.com](http://www.fayf.com)

Name: **Maryke Barclay, BA (hons); IBCLC**  
Profession: Transpersonal Therapist/Ordained Minister (AIWP)  
Indigo Light Institute  
Michael's Esoteric School of the Rose Cross  
Address: 402 Ellsworth Drive  
Silver Spring, MD 20910  
Phone: 301-588-8181  
Email: [indigolight@verizon.net](mailto:indigolight@verizon.net)  
Therapies: Soul healing, space and land clearing, spiritual growth using hands-on-  
healing and other methodologies. Transpersonal counseling for  
individuals and groups. Spiritual scientific research.  
Specialization Mothers and Breastfeeding Babies; Childrens' Healings; Healing and

Ascension

Comments: I read energy and I am a spiritual teacher; to that end I serve anyone. However, I feel a special connection and have a deep understanding of the mother/baby dyad.

Name: **Jane Beard, MS, C.EHP**  
Profession: Energy Empowerment Coach  
Address: 7 Piping Rock Drive  
Silver Spring, MD 20905  
Office Phone: 301-384-6822  
Email: [Janebeard2@aol.com](mailto:Janebeard2@aol.com)  
Therapies: EFT(Adv); BSFF; Eden Energy Medicine; ZPoint Process; Chakra work; Reiki Master/Teacher  
Specialization People performance issues -- whether in business, the arts, sports or "real life." Stage fright and performance anxiety.  
Website: [www.InVisibleLight.com](http://www.InVisibleLight.com)

Name: **Avalaura Gaither Beharry, MSW, LGSW**  
Profession: Healer, Counselor and Spiritual Teacher  
Address: College Park, MD 20740  
Office Phone: 301-675-8723  
Email: [avalaura@avalaura.com](mailto:avalaura@avalaura.com)  
Therapies: Marabout Spiritual Healing, Spiritual Counseling, Life Coaching, Reiki Intuitive Healing, Hypnotherapy, Dream Analysis, Chakra Balancing, Yoga and Cord Cutting. Avalaura also teaches and hosts various classes and workshops.  
Specialization Working in partnership with individuals to assist them in improving their lives, achieving their goals, growing spiritually, removing major obstacles and blockages on a spiritual and physical level and working through major life transitions.  
Comments: Our mission at Avalaura's Healing Center is to assist individuals in achieving genuine healing of mind, body and spirit by utilizing natural, holistic, therapeutic services, classes and products. Avalaura guides you through a spiritual and holistic healing process that is deep, effective and transforming. She integrates various therapeutic modalities to customize a healing experience that is specific to your individual needs.  
Website: <http://avalaura.com/>  
<http://crystalhealingcenter.com/>

Name: **Elizabeth Jo Blocker**  
Profession: Psychotherapist and Life and Wellness Coach  
Address: Malabia 2364  
1E Buenos Aires  
1425 Capital Federal Argentina  
Office Phone: 301-358-5157  
Email: [eebaugh@gmail.com](mailto:eebaugh@gmail.com)  
Therapies: Gestalt Therapy, Jungian Philosophy, and Marriage and Family Therapy combined with a variety of energy therapies, i.e. EMDR,

Thought Field Therapy, TAPAS, EFT, Cranial Sacral, Somato  
Emotional Release, Chakra Balancing, Aromatherapy, Crystals, Guided  
Imagery, Shamanic Breath Work and Light Work Technology.  
Specialization Transformational Energy Work for all issues related to your life journey.

Name: **Anita Bigger, LCSW-C**  
Profession: Psychotherapist and Reiki Master  
Office #1: 245 W. Patrick Street  
Frederick, MD 21701  
Office #2: Silver Spring, MD 20904  
Office Phone: 301-663-8901  
Home Phone: 301-847-0017  
Email: [biggeranita@hotmail.com](mailto:biggeranita@hotmail.com)  
Therapies: Hypnotherapy, EMDR, Thought Field Therapy, breathwork, expressive  
therapies, Reiki and other bioenergetics/hands-on healing techniques  
[training in Usui Reiki (Libby Barnett), Bioenergy (Mietek & Margaret  
Wirkus), SHEN (Richard Pavek), Process Acupressure (Aminah  
Raheem) and hands-on healing (Rosalyn Bruyere and Helen Yamada)].  
Life/spiritual coaching also available.  
Specialization Holistic approach, with a Jungian psychotherapeutic orientation, to  
treatment of adolescents, adults and couples for relationship difficulties,  
life transitions and recovery from trauma.

Name: **Lorraine Biros, LCPC**  
Profession: Mental Health Counseling  
Office: Women's Mental Health & Wellness Center  
1109 Spring Street, Suite 403  
Silver Spring, MD 20910  
Office Phone: 301-588-3531  
Home Phone: 301-588-3531  
Email: [Lbiros50@aol.com](mailto:Lbiros50@aol.com)  
Therapies: Feminist Cognitive Therapy; Reiki I & II  
Specialization Women's issues, ACoA, Spirituality, Transgender, Grief and loss  
Comments: Serving the Lesbian community for 22 years

Name: **Anya Blakeley, MA**  
Profession: Energy Practitioner/Transformational Coach  
Address: Silver Spring, MD  
Phone: 301 589 6642  
Cell Phone: 240-691-2112  
Skpe: anyamexico1  
Email: [divinedesigncoaching@yahoo.com](mailto:divinedesigncoaching@yahoo.com)  
Therapies: Expressive Art Therapy, Rapid Eye Movement, Emotional Freedom  
Techniques, Pathwork Principles, Integrated Systems:  
Behavioral/Cognitive and Energy Therapies. Transformation Coaching:  
I pick and choose from the paint palette based on the individual client'  
needs.

Specialization Clearing Unconscious and/or Self Limiting Belief Systems, Finding Your Life's Purpose, Living in Alignment, Rewriting Your Story so It's Big Enough to Live Into!

Comments: Integrating Systems: Behavioral/Cognitive and Energy Balancing Approaches, Transformational Coaching

I believe teaching others to help themselves and others is the greatest gift I have to offer. I do individual energy balancing sessions when requested, although my personal preference is providing workshops and personal Life Transformational Coaching, as I find it most empowering.

I utilize Expressive Art Therapy Techniques (incorporating art, meditation, music, writing and movement into the exploration process), Rapid Eye Movement (for clearing long held memory/beliefs), Pathwork Principles (based on transforming negativity, meditation, breathwork, and numerous methods of energy clearing methods in my work. I am also an ordained minister.

Website: [www.psychospiritualtrip.com](http://www.psychospiritualtrip.com), [www.transformationalcoaching.org](http://www.transformationalcoaching.org), [www.quantumsoupkids.com](http://www.quantumsoupkids.com)

Name: **Barbara Blitzer, LCSW-C**

Profession: Clinical Social Worker

Office #1: 8 Park Valley Road  
Silver Spring, MD 20910

Office #2 4400 East West Highway, Suite 24  
Bethesda, MD 20814

Office Phone: 301-588-6461

Home Phone: 301-565-8270

Email: [barbarablitzer@mac.com](mailto:barbarablitzer@mac.com)

Therapies: EFT, EMDR, Focussing, Hypnosis, Imagery, Breath Work

Specialization Infertility and health issues, self esteem, life transitions, couples

Website: [www.barbarablitzer.com](http://www.barbarablitzer.com)

Name: **Elizabeth Jo Blocker**

Profession: Psychotherapist and Life and Wellness Coach

Address: Malabia 2364  
1E Buenos Aires  
1425 Capital Federal Argentina

Office Phone: 301-358-5157

Email: [eebaugh@gmail.com](mailto:eebaugh@gmail.com)

Therapies: Gestalt Therapy, Jungian Philosophy, and Marriage and Family Therapy combined with a variety of energy therapies, i.e. EMDR, Thought Field Therapy, TAPAS, EFT, Cranial Sacral, Somato Emotional Release, Chakra Balancing, Aromatherapy, Crystals, Guided Imagery, Shamanic Breath Work and Light Work Technology.

Specialization Transformational Energy Work for all issues related to your life journey.

Name: **Fred Bloem, M.D.**

Profession: Holistic Physician/NMT Practitioner

Address: 4108 Alfalfa Terrace

Olney, MD 20832-2962  
Phone: 301-260-2601  
Email: [drbloem@drbloem.com](mailto:drbloem@drbloem.com)  
Therapies: NeuroModulation Technique (Advanced Level), Emotional Freedom Technique, orthomolecular therapies, bio-identical hormone replacement, Raw and Living Food Diet.  
Specialization Allergy elimination, autoimmune disease, chronic infections, heavy metal detoxification, hormonal imbalances, thyroid disease, weight management, same-gender attraction.  
Comments: A Holistic and Integrative Approach to Health: It is the combination of my genuine concern for my patients' well-being, my allopathic medical training, and experience in energy medicine, orthomolecular, and natural hormonal treatments that makes my practice unique.  
Website: [www.drbloem.com](http://www.drbloem.com)

Name: **Mary Bonnet, M.Ed., CEC, CHt, EFT-ADV**  
Profession: Certified Energy Coach and Hypnotherapist  
Address: 13009 Worldgate Drive  
Herndon, VA 20170  
Phone: 703-582-8719  
Email: [Bonnetjc@adelphia.net](mailto:Bonnetjc@adelphia.net) or [info@BonnetUnlimitedPotential.com](mailto:info@BonnetUnlimitedPotential.com)  
Therapies: Hypnosis, EFT, NLP, TAT, BSFF, Complex Instant, AllergyAntidotes, Coaching, Reiki, Reconnective Healing, Young Living Essential Oils, Nikken  
Specialization Reduce and manage stress, fears (of flying, test taking, public speaking, of success & failure, etc.) and chronic illness symptoms (fibromyalgia, irritable bowel syndrome, diabetes); change habits (smoking, overeating, etc.); build self-esteem and self confidence; set and achieve goals.  
Comments: Helping others resolve their issues, improve their outlook, and change their lives. Conduct individual (in person or by phone) and group sessions (in person, or by teleseminars), workshops in public or corporate settings. Free 15 minute phone consultation available.  
Website: [www.BonnetUnlimitedPotential.com](http://www.BonnetUnlimitedPotential.com)

Name: **Mark Bottinick, LCSW-C**  
Profession: Psychotherapist, Life Coach  
Address: 8720 Georgia Avenue, Suite 808  
Silver Spring, MD 20910  
Home Phone: 301-775-4503  
Email: [mbottinick@hotmail.com](mailto:mbottinick@hotmail.com)  
Therapies: BSFF, EFT, TFT, Heart Math  
Specialization Peak performance coaching; family coaching; psychotherapy for individuals, families, groups, children.  
Website: [www.getbeyondtalk.com](http://www.getbeyondtalk.com)

Name: **Myriam Bourdin, OM, CHMRP**  
Profession: Healing Facilitator/Water Healer  
Address: 7712 Lisle Avenue

Falls Church, VA 22043  
Cell Phone: 703-772-1869  
Home Phone: 703-356-1947  
Email: [Dragonstar13@earthlink.net](mailto:Dragonstar13@earthlink.net)  
Therapies: Energy work, Holographic Memory Resolution. (HMR); Long distance healing for both humans and animals, Quantum healing.  
Specialization Transmutation of any trauma/pain that occurs in this life time as well as in past lives.  
The realignment of the bones.  
Healing of the Waters of the planet and of our body.  
Comments: HMR. week-end intensive available  
I work under the guidance of the Star Dolphins (Sirians), the Archangel Michael, Ahstar, the Ascended Masters and the Healers of the 7th Dimension and above. The Star children have joined me as well.

Name: **Lee A Bowers, Ph.D.**  
Profession: Licensed Psychologist  
Address: 210 Tower Road  
Villanova, PA 19085  
Phone 610-520-0443  
Email: [leebowers@comcast.net](mailto:leebowers@comcast.net)  
Therapies: Trained in NeuroModulation Technique (comprehensive and advanced levels), TFT/EFT, Holographic Repatterning, BSFF, TAT, EMDR, Reiki Master, Master Practitioner NLP, Certified Master Hypnotherapist, Healing From the Body Level Up, Advanced Healing, NET (and probably some others I've forgotten)  
Specialization Board Certified Medical Psychologist with specialities in allergy elimination and pain management. Lee also works with clients experiencing anxiety, depression, trauma, and other life struggles, as well as those doing spiritual exploration.  
Website: [www.drleebowers.com](http://www.drleebowers.com)

Name: **Cynthia J. Brown, DNS, RN**  
Profession: Nursing  
Address: Palmyra Virginia 22963  
Phone: 434-760-3543  
Email: [caringforself@aol.com](mailto:caringforself@aol.com)  
Therapies: Reiki, Interactive Guided Imagery, Holistic Health Promotion and Lifestyle Motivation  
Specialization Caring for Self through Positive Energy  
Comments My website and business are coming soon!

Name: **John Browning**  
Profession: Energy Therapy  
Address: 116 Spring Street  
Jonesborough, TN 37659  
Phone: 423-788-0029  
Email: [energybalancing@earthlink.net](mailto:energybalancing@earthlink.net)  
Therapies: Noetic Field Therapy, a form of Energy Therapy



Specialization OBJECTIVES: stress and anxiety reduction, feeling more peaceful, experiencing deep relaxation or bliss, perceptual clarity, greater joy and confidence, an expansive sense of well-being, greater enthusiasm and ease in daily living, improved energy and physical health, awaken you to your holiness and assist you toward the fulfillment of your spiritual promise.  
Energy therapy is an alternative medicine that can reduce your stress, restore your vitality, and renew your good health and spiritual happiness.

Website: <http://energytherapy.net>

Name: **Eileen Buese, Ph.D.**

Profession #1 Clinical Psychologist

Office: 8608 Ridge Road  
Bethesda, MD 20817

Office Phone: 301-365-4375

Home Phone: 301-469-8418

Email: [bzknees@comcast.net](mailto:bzknees@comcast.net)

Therapies: Hypnosis, EMDR, Reiki, Bio-Energy, Traditional Insight-Oriented Psychotherapy

Specialization Ericksonian hypnosis, energy and medical psychology (mind/body/spirit treatments for acute and chronic medical conditions), EMDR, grief (including pet loss). All ages. Individual, couple, family, group and play therapy.

Comments: My practice is a general one in that I treat children, adolescents, and adults and do most treatment modalities. I do traditional analytic psychotherapy combined with hypnosis, EMDR, and bio-energy healing. I have attained the Master's level in Usui Reiki and offer both treatment and training in Reiki. I do pet therapy (the use of my and patients' animal companions and their energies in sessions as the animals make themselves available).

Website: [www.dreileenbuese.com](http://www.dreileenbuese.com)

Name: **Eileen Buese, Ph.D.**

Profession #2 Animal Healing Touch and Communication Practitioner

Office: 8608 Ridge Road  
Bethesda, MD 20817

Office Phone: 301-365-4375

Home Phone: 301-469-8418

Email: [bzknees@comcast.net](mailto:bzknees@comcast.net)

Therapies: Healing Touch for Animals, Aromatherapy, Tuning Forks, Hypnosis

Specialization I have trained with Carol Komitor and am completing certification in her Animal Healing Touch Program. I welcome all species and have found that I am particularly helpful to animals in easing their pain, aiding animals and their human companions in making difficult decisions about the animal staying in the physical or dying and leaving, resolving fear biting in dogs, helping rescued animals, especially horses, share their stories and need for a new job, helping injuries and illnesses heal. I am also studying "Heart Talk" with Carol Gurney, and

find that my mastery of the third eye enables me to receive clear pictures and feelings and senses and occasionally thoughts from animals, to see, hear, smell, taste, feel, experience the world as they do. What a privilege. Undoubtedly my hypnosis training comes in handy here as well.

Comments: HTA is an energy-based treatment to balance and to eliminate blockages in animals' biofields. Its energy medicine techniques help regulate the immune system and support its healing and maintenance of health. HTA techniques can be used for: preventative health care; veterinary support; injuries and illnesses; physical trauma; recovery from surgery; birthing process; euthanasia; behavioral issues; emotional trauma; abandonment issues; stress management; connecting and bonding; training. ANIMAL COMMUNICATION is a two-way process which may be done in person, at a distance, aloud, or telepathically. It is based on respect and sympathy and takes place when the animal is ready, alive or departed. Animal communication can help you understand your animal's health; know how your animal experiences pain; find out what is behind undesirable behavior; learn your animal's likes and dislikes; learn how your animal feels about changes, i.e., new arrival, food; find your missing animal companion; understand wild animals living in their and your habitats.

Website: [www.dreileenbuese.com](http://www.dreileenbuese.com)

Name: **Pat Butler, MS**  
Profession: Life Coach  
Address: 110 Franklin Beach Road  
Saratoga Springs, NY 12866  
Phone: 518-321-4149  
Email: [energypsycher@yahoo.com](mailto:energypsycher@yahoo.com)  
Therapies: TFT, EFT, TAT, Restructuring, Past Life Trauma Release  
Specialization: Finding Meaning and Joy in Life, Goal Achieving, Past Lives, Holistic Health, Weight Releasing  
All can be done via phone.  
Comments: Pat's mission is to assist individuals in developing their greatest potential while living a life of joy.  
Member, Association for Comprehensive Energy Psychology  
Website: [www.joyforyounow.com](http://www.joyforyounow.com)

Name: **Barbara M Callahan, L.Ac., NCCA, NAET, JMT**  
Profession: Acupuncturist (Maryland licensed)  
Address: 3905 Dunes Way  
Burtonsville, MD 20866  
Office Phone: 301-421-5994  
Home Phone: 301-421-5994  
Email: [BMCLAC@erols.com](mailto:BMCLAC@erols.com)  
Therapies: Acupuncture, enzyme therapy, NAET allergy elimination, Bioset, Biologic terrain assessment. JMT for chronic, arthritic and auto-immune diseases  
Specialization: Pain management, nutritional counseling, stress management,

: digestive disorders, allergy elimination, multiple chemical sensitivities, asthma, auto-immune diseases.

Name: **Kathie Callahan, CMT**  
Profession: Massage therapist  
Address: 3636 Singleton Terrace  
Urbana, MD 21704  
Phone: 202-345-7423  
Email: [Feelings126@yahoo.com](mailto:Feelings126@yahoo.com)  
Therapies: Herbalist, shiatsu, hypnotherapy, therapeutic massage  
Specialization: Women's issues

Name: **Colin Carroll**  
Profession: Facilitator/Counselor  
Address: 30509 Pecan Dr.  
Princess Anne, MD 21853  
Phone: 443-365-1210  
Email: [sidharder@aol.com](mailto:sidharder@aol.com)  
Therapies: Yes Field, Sedona Method, Voice Dialogue, Reiki  
Specialization: Facilitation of deep emotional release, consciousness expansion, addictions  
Comments: The basis for my work is in integrating various therapeutic modalities, while helping clients uncover and rest in their true nature. The present focus for this work is through a 4 week course entitled: Ending the War Within; Awakening to the Field of YES. It includes 8 main recordings, as well as a weekly consultation call.  
Website: [www.mdcenterforholistichealth.info](http://www.mdcenterforholistichealth.info) (under construction)

Name: **Peggy Carey, PhD, CNC, candidate**  
Profession: Aromatherapy/Wellness Consultant, Quantum Business Building Coach, Holistic Health Lecturer, Writer  
Address: P.O. Box 59  
Berkeley Springs, WV 25411  
Office Phone: 304-258-4685  
Email: [peggycarey@pngusa.net](mailto:peggycarey@pngusa.net)  
Specialization: Aromatherapy, Nutrition, Wellness, Quantum Business Building, Sacred Geometry (Special Order Genesa Crystals)  
Comments: Free Quantum Business Building info for all my Young Living customers and distributors (works for all types of businesses)  
Website: [www.a-1essentialoils.com](http://www.a-1essentialoils.com) (Free Essential Oils User's Guide)  
[www.peggycarey.com](http://www.peggycarey.com) (Free Quantum Business Building Guide info) under construction  
[www.youngliving.org/peggycarey](http://www.youngliving.org/peggycarey) (Product catalog for therapeutic grade essential oils and chemical free products)

Name: **Pattie Cinelli, B.S.**  
Profession: Personal and lifestyle trainer, writer  
Home Phone: 202-544-0177  
Email: [fitness@pattiecinelli.com](mailto:fitness@pattiecinelli.com)

Therapies: Mind body movement that can include core training, Pilates mat, yoga, strength and flexibility development, stress reduction, relaxation, breathing techniques.  
Specialization Bringing fitness and lifestyle change to your home or office through exercise technique and lectures (for conferences, meetings, lunchtimes).

Name: **Asha Clinton, MSW, PhD**  
Profession: Seemorg Matrix Psychotherapist  
Address: Seemorg LLC  
P.O. Box 494  
Canaan, NY 12029  
Practice Phone: 518-392-2566  
Office Phone: 518-392-1158  
Email: [info@seemorgmatrix.org](mailto:info@seemorgmatrix.org)  
Therapies: Seemorg Matrix Work, TFT, EDxTM, EFT, TAT, Jungian psychotherapy, NAET, EMDR, Reiki, Therapeutic Touch, MariEI, Sufi Healing, more  
Specialization As a therapist: Trauma, abuse, personality disorders, creativity, spirituality. As a trainer: I train people in Seemorg Matrix Work, the transpersonal, psychodynamic, body-centered energy psychotherapy.  
Comments: I am the developer of Seemorg Matrix Work, the newest of the energy psychotherapies. Seemorg Matrix Work clears trauma, but clears negative Core Beliefs, desires, fantasies, compulsions, obsessions, addictions, and dissociations as well. It clears personality disorders, and opens up spirituality.  
Website: [www.seemorg.com](http://www.seemorg.com)

Name: **Jim Cox, Dr. theol.**  
Profession: Psychotherapist and Spiritual Healer  
Address: 5220 Griffith Rd  
Laytonsville, MD 20882  
Phone/FAX: (301) 253-6427  
Email: [coxjc@erols.com](mailto:coxjc@erols.com) or [coxjc@rcn.com](mailto:coxjc@rcn.com)  
Therapies: Teleios technique, angel healing, stress management, bioenergetics, MariEI, existential analysis, deep muscle and polarity therapy, chakra balancing, past life regression, energy healing, psychodrama, gestalt hot seat  
Specialization Teleios technique, intuitive readings, helping persons contact their angels, energy healing, stress management, complex allergies, spiritual healing, phobias, body readings, couple counseling  
Comments: I offer training programs in therapy, energy healing and spiritual healing in the Washington, D.C. area

Name: **Mari G Craig, LCSW-C, CCDC, CPC**  
Profession: Licensed Clinical Social Worker, Addictions Counselor & Certified Professional Coach  
Address: 4064 Norbeck Sq. Dr.

Rockville, MD 20853  
Office Phone: 301-929-9767  
Cell Phone: 301-929-9332  
Email: [kahlii2002@yahoo.com](mailto:kahlii2002@yahoo.com) or [maricraig@comcast.net](mailto:maricraig@comcast.net)  
Therapies: "The Intentional Life Power Program©" developed by this practitioner and other energy therapies including Reiki, BSSF and EMDR  
Specialization Personal Healing for Individuals & Couples, Personal & Professional Coaching, Training & Self Development  
Comments: I practice in a holistic way to help people to heal and grow in wholeness in their personal and professional lives.  
Website: [www.wellifecoaching.com](http://www.wellifecoaching.com)

Name: **Martha Crampton, Ph.D.**  
Profession: Psychologist/Psychotherapist  
Address: 215 West 88<sup>th</sup> Street, #6B  
New York, NY 10024  
Office Phone: 212-496-2285  
Home Phone: 212-496-2285  
Email: [mcrampton@earthlink.net](mailto:mcrampton@earthlink.net)  
Therapies: EFT, TAT, BSFF, TFT, EMDR, colored light therapy, energy healing  
Specialization Psychotherapy with individuals and couples; trauma; anxiety; depression; creative process.  
Comments: I integrate the Energy Field Therapies with a background in depth psychology (psychosynthesis and Jung), guided imagery work, and spirituality.

Name: **Mary Curro**  
Address: The Sane Asylum  
501 Florida Avenue  
Portsmouth, VA 23707  
Phone: 757-393-7999  
E-mail: [hypnmary@cox.net](mailto:hypnmary@cox.net)  
Therapies: EFT, Reiki, Touch for Health, Ch'ua Ka, Yoga, Reflexology  
Specialization Hypnosis, massage, visual imagery, meditation – stress reduction, weight control, smoking cessation, pain control, confidence.

Name: **Karen Custer, LCSW-C**  
Profession: Social Worker  
Address: 8309 Palmer Rd.  
Middletown, Md. 21769  
Phone: 301 663-9535 Ext. 1  
Email: [kdchrc@aol.com](mailto:kdchrc@aol.com)  
Therapies: TFT – Soul Recognition – Reiki – Energetic Core Work – Long Distance Healing  
Specialization Life transitions, relationships, depression, anxiety

Name: **Beth Darnall, Ph.D.**  
Profession: Post-Doctoral Research Fellow at Johns Hopkins University School of Medicine

Address: 11 Cedarwood Road  
Catonsville, MD 21228  
Office Phone: 410-955-7981  
Home Phone: 410-719-2164  
Email:  
Therapies: Spiritual Response Therapy, Dowsing, Muscle Testing  
Specialization: Spiritual Response Therapy

Name: **James R David, Ph.D.**  
Profession: Clinical Social Worker and Licensed Marriage and Family Therapist  
Address: 14220 Bradshaw Drive  
Silver Spring, MD 20905-6503  
Office Phone: 301-989-9155  
Home Phone: 301-384-6285  
Email: [james519@comcast.net](mailto:james519@comcast.net)  
Therapies: Gestalt, EMDR, TFT, BSFF, EFT, Family Systems Therapy, Holistic, IMAGO Relationship Therapy; Cognitive.  
Specialization: Sex and marital therapy; trauma; adolescents; sexual addiction;  
: certified life coach.  
Comments: Hobby is conceptualizing congruence of psychology and Christianity  
Website: [www.askdrdavidnow.com](http://www.askdrdavidnow.com)

Name: **Laurie Day, LCSW-C**  
Profession: Clinical Social Work  
Address: 1940 NW Miller Road # F424  
Portland, OR 97229  
Phone: 503-296-6224  
Email: [laurie@laurieday.com](mailto:laurie@laurieday.com)  
Website: [www.laurieday.com](http://www.laurieday.com)  
Therapies: Past-Life Therapy, MariEL Healing, Reiki Healing, Gestalt Psychotherapy, Sound Therapy, Stress Management  
Specialization: Adults, adolescents and children, individuals and couples. The Energy and Spiritual Healings that I do are very effective long distance over the phone, as well as in-person.  
: and Spiritual Healings that I do are very effective long distance over the phone, as well as in-person.  
Comments: I am the Director of The Center for Positive Living.

Name: **Rev. Janet I Decker, C.Ht.**  
Profession: Clinical Hypnotherapist  
Address: P.O. Box 262  
Brooks, ME 04921-0262  
Office Phone: 207-722-4241  
Email: [jd@hypnotherapyservices.com](mailto:jd@hypnotherapyservices.com)  
Therapies: Hypnotherapy, Emotional Freedom Technique, BSFF, Spiritual Counseling  
Specialization: Pain management, phobias, regression

Name: **Teresa Deneau, LPC**  
Profession: Licensed Professional Counselor  
Address: 9426 Stewartown Road, Suite 2F

Montgomery Village, MD 20886  
Office Phone: 301-208-8900  
Email: [villagecounselor@aol.com](mailto:villagecounselor@aol.com)  
Therapies: TFT, EMDR  
Specialization: EAP

Name: **Liz Dougherty, LCSW-C**  
Profession: Clinical Social Worker  
Address: 111 Northwood Avenue  
Silver Spring, MD 20901  
Phone: 301-681-7224  
Email: [lizdoc@cavtel.net](mailto:lizdoc@cavtel.net)  
Therapies: EMDR, DNMS, and EFT

Name: **Margaret K Drury, MSSW, LCSW-C, BCD, RPT-S**  
Profession: Social Worker, Psychotherapist/Play Therapist  
Address: 2509 Jennings Ct  
Silver Spring, MD 20902  
Office Phone: 301-933-4247  
Home Phone: 301-933-4247  
Email: [drurymk@aol.com](mailto:drurymk@aol.com)  
Therapies: EMDR, TFT, Brain Gym, Play Therapy, Hypnosis  
Specialization: Children, Adolescents, Adults, OCD, trauma, grieving, toilet training,  
: sleeping disorders, developmental disorders and medical disorders with  
psychiatric symptoms.  
Comments: Chesapeake Professional Seminars, Educational Director. Give  
workshops on energy, play and healing.

Name: **Donna Edwards, M.A.**  
Profession: Holistic Practitioner and Coach  
Address: 5329 Broadwater Lane  
Clarksville, MD 21029  
Phone: 410-531-3330  
Email: [de@holsolutions.com](mailto:de@holsolutions.com)  
Therapies: Intuitive counseling, coaching, Reiki, chakra balance, hypnosis, EFT,  
workshops.  
Specialization: Stress management, empowerment, spiritual enlightenment  
Comments: Also offer speaking, seminars and retreats for stress management and  
holistic health.  
Website: [www.holsolutions.com](http://www.holsolutions.com), [www.donnaedwards.com](http://www.donnaedwards.com)

Name: **Hugo Elfinstone**  
Profession: Therapeutic Hypnosis  
Address: 1721 Old Wagon Rd  
Luray, VA 22835  
Office Phone: 703-980-9396  
Home Phone: 540-778-1291  
Email: [hugo@accesswisdom.com](mailto:hugo@accesswisdom.com)

Therapies: Therapeutic Hypnosis, Transformational Experiential courses  
Specialization Therapeutic Hypnosis, Relationship Counseling, Phone Coaching  
Website: <http://www.accesswisdom.com>

Name: **Cathy Embrey, CMT**  
Profession: Massage Therapist and Esthetician  
Address: 116 Jutland Ct  
Stephens City, VA 22655  
OPhone: 540-869-7606  
Email: [massage@shentel.net](mailto:massage@shentel.net)  
Therapies: Healing Touch, Craniosacral Therapy, Biodynamic Therapy, Viseral Manipulation, Reflexology, Myofascial Release, Trigger Point, Swedish and Deep Tissue Massage  
Specialization Fibromyalgia treatment and classes, Headaches, chronic pain, TMJ, stress reduction

Name: **Diane Farhat**  
Profession: Retired  
Address: 10328 Mockingbird Pond Court  
Burke, VA. 22015  
Office Phone: 703-607-1314  
Home Phone: 703-250-8116  
Email: [dlfarhat@cox.net](mailto:dlfarhat@cox.net)  
Therapies: Reiki, Healing Touch, Quantum Touch, Jin Shin, and various visualization techniques.  
Comments: I am keenly interested in all types of energy healing so am currently exploring many different modalities.

Name: **Donna Firer, LCSW-C**  
Profession: Psychotherapy  
Address: 8811 Colesville Road, Suite 102  
Silver Spring, MD 20910  
Office Phone: 301-585-8828  
Email: [donnafirer@earthlink.net](mailto:donnafirer@earthlink.net)  
Therapies: EFT, sand tray, flower essences, aromatherapy, expressive arts  
Specialization Children, adolescents and adults. Focus areas include, but not limited to: management of stress and anxiety; managing ADD; eating disorders; handling academic and peer stress; mothering adolescent daughters; grief and loss; and life transitions. Accept Medicare.

Name: **Carol Fitzpatrick**  
Profession: Channel/Author/Speaker  
Address: 13313 Country Way Circle  
Fredericksburg, VA 22407  
Office Phone: 540-785-7770  
Home Phone: 540-786-5591  
Email: [carol@carolynnfitzpatrick.com](mailto:carol@carolynnfitzpatrick.com)  
Therapies: Channelled prophecies for personal and global shifting. Vibrational medicine.



Specialization Vibrational shifting to release fear-laden beliefs, facilitating the self-discovery of life path and purpose.

Website: [www.carolynfitzpatrick.com](http://www.carolynfitzpatrick.com) and [www.arayu.org](http://www.arayu.org)

Name: **Debbie Fletter-Ward**

Profession: Holistic Health Counseling

Address: 5114 Elm Street  
Bethesda, MD 20814

Phone: 301-718-0107

Email: [DFletterWard@yahoo.com](mailto:DFletterWard@yahoo.com)

Specialization Nutrition and Lifestyle coaching

Name: **Philip H Friedman, Ph.D.**

Profession: Clinical Psychologist

Address: P.O. Box 627  
Plymouth Meeting, PA 19462

Office Phone: 610-828-4674

Home Phone: 610-828-8439

Email: [integrativehelp@comcast.net](mailto:integrativehelp@comcast.net) or [PhilF101@aol.com](mailto:PhilF101@aol.com)

Therapies: Therapies: Thought Field Therapy, (TFT), the Emotional Freedom Technique (EFT), Be Set Free Fast (BSFF), TAT (Tapas Acupressure Technique); MATT (Miracle Acupressure Tapping Technique); NAEM (Negative Affect Erasing Technique); EMDR (Eye Movement Desensitization and Reprocessing); CART (Creating, Allowing, Receiving Technique); TASTE (Tap and Sodd Touch Energy); HEART (Healing And Release Technique); EDxTM (Energy Diagnostic

Treatment Methods: TEST (Thought Energy SynchronizationTherapy); Matrix

Therapy (Level I), Remote Viewing, Certified Advanced Energy Healer, Certified Spiritual Coach, TIR (Traumatic Incident Reduction); VKD (Visual Kinesthetic Dissociation); ACIM (A Course In Miracles); NET (Neuroemotional Technique) ; HBLU (Healing from the Body Level Up); Reiki; (EH) Esoteric Healing; (1B) One Brain, Meditation, Yoga and (HYP) Hypnosis; : I am also trained in Holographic Repatterning (not a certified HR practitioner though) and training to be an Advanced Energy Healer (AEH) with Meredith Young-Sowers.

Specialization : Depression, anxiety, trauma, fear, guilt, hurt, anger, stress, pain, shame, low self-esteem, unforgiveness, career, relationship, individuals and family problems/conflicts, life transitions, coaching/mentoring, spiritual problems and issues, health and well being, peak performance, and success issues.

Comments: I teach courses, workshops and teleclasses on Integrative Energy and Spiritual Healing and Therapy. Email [integrativehelp@comcast.net](mailto:integrativehelp@comcast.net)

for information. I founded and moderate the IAESPT Network (International Association for Energy and Spiritual Therapies), the ESPT email network for psychologists and the energyspirit! Email network for everyone. For IAESPT guidelines email

[guidelines@wellbeingcoach.com](mailto:guidelines@wellbeingcoach.com)

Website: [www.integrativehelp.com](http://www.integrativehelp.com) or [www.philipfriedman.com](http://www.philipfriedman.com)

Name: **Karen McLaughlin Gallant, M.A.T.S.**  
Profession: Expressive Arts Therapist/Creativity Coach  
Address: 10 Sherman Avenue  
Takoma Park, MD 20912  
Office Phone: 301-270-4092  
Email: [gallantnet@verizon.net](mailto:gallantnet@verizon.net)  
Therapies: Sand tray

Name: **Fred P Gallo, Ph.D.**  
Profession: Clinical Psychologist  
Office: Psychological Services  
40 Snyder Rd.  
Hermitage, PA 16148  
Office Phone: 724-346-3838  
Home Phone: 724-475-2745  
Email: [fgallo@energypsych.com](mailto:fgallo@energypsych.com)  
Therapies: Advanced Energy Psychology: Energy Diagnostic and Treatment Methods (EDxTM), Negative Affect Erasing Method (NAEM), Energy Consciousness Therapy (ECT)  
Specialization Trauma, Anxiety Disorders, Depression, Couples, Training and Development  
Comments: Author of Energy Psychology (1998, 2005 CRC Press), Energy Diagnostic and Treatment Methods (2000, Norton), and Energy Tapping (2000, New Harbinger), The Neurophysics of Human Behavior (with Mark Furman) (2000 CRC Press), Energy Psychology in Psychotherapy (Ed) (Norton, 2002), and Energy Tapping for Trauma (2007, New Harbinger). He is also the originator of EDxTM, NAEM, HELP, and Energy Consciousness Therapy (ECT).  
Website: [www.energypsych.com](http://www.energypsych.com)

Name: **Margaret Gennaro, M.D.**  
Profession: Holistic Physician  
Office: 10560 Main Street, Suite PH-1  
Fairfax, VA 22030  
Office Phone: 703-865-5690 Direct line: 703-865-5692  
Email: [DrGennaro@webtv.net](mailto:DrGennaro@webtv.net)  
Therapies: Body Talk, Emotional Freedom Technique, Tapas Acupressure Technique, Allergy Elimination Techniques, Healing from the Body Level Up, Getting Thru to Your Soul, Reiki, Flower Essences, Herbs, Nutrients, and some homeopathics.  
Specialization Fatigue, ADD/ADHD, Asthma, Allergies, Phobias, Fibromyalgia, Irritable Bowel Syndrome, Chronic Infections, Depression, Yeast Overgrowth,

Autism, Learning Disabilities, Thyroid and Adrenal Dysfunction, Female Hormone Imbalances.

Comments: I was a conventionally trained pediatrician for almost 10 years. I started my holistic practice in 2000 after challenges with Fibromyalgia, Chronic Fatigue and Irritable Bowel Syndrome. I am truly enjoying what I am doing because I feel like I am really helping people to heal themselves with God's help.

Website: [www.neckbackandbeyond.com](http://www.neckbackandbeyond.com)

Name: **Aileen M. Geraghty, CMT, CST, NCTMB**

Profession: Massage Therapy, Craniosacral Therapy, Intuitive Healing

Address: Maryland

Phone: 240-888-HEAL

Email: [aileen.healingharmony@gmail.com](mailto:aileen.healingharmony@gmail.com)

Therapies: Theta Healing/Orion Healing, Intuitive Healing, belief pattern changing.

Specialization: theta healing/intuitive healing

Comments: I love to help people heal and move forward in the direction of their dreams!

Website: <http://www.healingharmonyllc.com/>

Name: **Linda Geronilla, Ph.D.**

Profession: Licensed Psychologist, NBC Counselor, & Ordained Interfaith Minister

Address: 92 Cook Drive

Charleston, WV 25314-1003

Office Phone: 304-342-2260

Email: [lgeronilla@aol.com](mailto:lgeronilla@aol.com)

Therapies: Energy Diagnostic and Treatment Methods (Gallo), Emotional Freedom Techniques (Craig), Tapas Acupressure Technique, Be Set Free Fast (Nims), Eye Movement Desensitization and Reprocessing (EMDR), Healing Touch, Touch for Health, Reiki, Energy Medicine, Hypnosis, Reality Therapy, Neuro Linguistic Programming (NLP)

Specialization : Mood disorders (anxiety and depression), panic, post-traumatic stress, marital and sexual relationships, parenting, divorce problems, grief, addictions, spiritual/interfaith issues, career and work problems, critical incident stress debriefing, and presentations at seminars and workshops.

Comments: Linda is currently self-employed doing therapy and presentations. Reverend Linda Geronilla is registered with the state and is able to perform weddings, funerals, baptisms, worship services, etc. Linda is married and they have four children (ages 15-26).

Website: [www.ALifeCoach4U.com](http://www.ALifeCoach4U.com)

Name: **David L. Gleekel, MBA, CRMT**

Profession: Reiki Master/Teacher

Address: Reiki Center of Greater Washington

9059 Shady Grove Court

Gaithersburg, MD 20877

Office Phone: 301-963-0787 / 1-866-59-REIKI

Home Phone: 301-942-7856

Email: [dgleekel@reikicenter.info](mailto:dgleekel@reikicenter.info)  
Therapies: Usui Reiki, Karuna Reiki (R), Sekhem-Seichim-Reiki, Lightarian Reiki (TM), Reiki Drumming, Shamanic Healing with Crystals, ONE Energy Therapy, Integrated Energy Therapy  
Specialization I specialize in people with chronic conditions and personal development goals. Many of my students become my clients as they seek to work towards greater personal and community healing. I offer several healing events to support our community of Reiki People who are committed to including Reiki in their daily lives.  
Comments: I offer discounted sessions for people in financial need. I can work hands-on or distantly  
Website: <http://www.reikicenter.info>

Name: **Randy Goldberg**  
Profession: Astrologer, Craniosacral therapist, and Family Constellation facilitator  
Address: 2347 Ashmead PL NW  
Washington DC 20009  
Office Phone: 202-518-0442  
Therapies: Astrology (Western and Indian Vedic), Craniosacral therapy  
Specialization Family Constellation therapy (individual and group)  
Comments: I have been interviewed by the Washington Post and CNN, See  
Website: [www.randygoldberg.org](http://www.randygoldberg.org)

Name: **Virginia Z. Gordon, Ph.D., C.H.**  
Profession: Board Certified Hypnotherapist and Reiki Master/Teacher  
Address: 1316 Providence Road  
Towson, MD 21286  
Phone: 410-825-5824  
Voice mail: 410-669-0006  
Email: [vzgordon@yahoo.com](mailto:vzgordon@yahoo.com) or [vzgordon@comcast.net](mailto:vzgordon@comcast.net)  
Therapies: Hypnosis, Reiki, NLP, EFT  
Specialization Pain management; Regression; Smoking cessation; Stress management; Weight reduction; and more.  
Comments: Additional offices in Pikesville and Ellicott City.  
Website: [www.hypnosisandreiki.com](http://www.hypnosisandreiki.com)

Name: **Becky Grabski**  
Profession: Psychic/Healer, Workshop Facilitator  
Address: Asheville, NC  
Office Phone: 828-545-0239  
Email: [beckygrabski@yahoo.com](mailto:beckygrabski@yahoo.com) - if you wish to contact me through email, please write in the subject line "I am ---, and I am contacting you for a reading" so I don't accidentally delete your email.  
Therapies: Reiki, Seichim, tarot, psychometry, energy scanning, photograph analysis, meditation.  
Specialization My specialties are helping people through major transformations and

deep soul work. I have counseled people dying of AIDS, going through divorce, moving, changing lifestyles and finding deeper meanings for their lives. I don't tell my clients what to do or how to do it. I do help them understand the energy currents and patterns in their lives, which helps them feel a deeper sense of peace, and motivates them to move forward and make better, more informed decisions. My goal is to offer a greater feeling of connection within, and practical tools and suggestions to take home and use.

Comments: Becky Grabski has studied spirituality, meditation, intuition, metaphysics, and healing since she was a teenager. She has attended hundreds of classes, workshops and events, learning specialized techniques in meditation, breath work, light work, chakra balancing, aura scanning and cleansing, guides and angels, psychometry, tarot, energy healing (including but not limited to Reiki, Seichim, Light Therapy and Holographic Memory Resolution) and long distance healing from many well respected teachers and experts all across the United States and India. She is a Reiki Master, Seichim Master and studied psychic development at the Association for Research and Enlightenment and Experiential Astrology for several years. For over a decade, Becky has been a professional psychic/healer and taught classes and workshops in psychic development, meditation and spirituality, and healing in New York, Maryland, Washington, DC, Virginia, Minnesota, and North Carolina.

Name: **Sharon Greenspan, M. Ed, CLFL, HTP**

Profession: Natural Health Coach (Master's of Education, Certified Living Foods Lifestyle, Healing Touch Practitioner)

Office: Wild Success ®  
North Bethesda, MD 20852

Phone: 301-816-0752

Email: Sharon@wildsuccess.us

Therapies: Healing Touch, Defining Life Purpose, Manifesting (Abraham-Hicks and Catherine Ponder methods), Raw and Living Food Eating, LifeStyle Coaching (developing habits which serve you best and foster constant learning about yourself)

Modalities employed may include exploration, questions, creating structure, playing, practicing empowering techniques, tracking data, brainstorming, movement, sound, or visualizing.

Specialization Balance "being" and "doing" goals; balance all areas of life with delight; Life Purpose (defines what talents you bring to the world and energizes you when you express them or are engaged in using them); raw foods/living foods lifestyle; detox support; healing touch and bioenergy medicine

Comments: My work is based on: ~ the belief that you have all the answers

inside yourself ~ increasing awareness of your choices so you recognize opportunities and act on them in ways that are aligned with your values ~ providing opportunities and means for you to examine your beliefs and to awaken your imagination ~ my mission to connect knowledge, experiences and resources in order to help people build a better life for themselves.

Website: [www.wildsuccess.us](http://www.wildsuccess.us)  
[http://www.wildsuccess.us/naturalizing--for raw food snacks, ingredients and kitchen needs](http://www.wildsuccess.us/naturalizing--for%20raw%20food%20snacks,%20ingredients%20and%20kitchen%20needs)

Name: **Bonnie Jean Griffith, B.A.**  
Profession: Healer/Energy Worker  
Address: Fredericksburg, VA 22401  
Office Phone: 540.834.8473  
Home Phone: 540.899.5495  
Email: [bjdesigns@cox.net](mailto:bjdesigns@cox.net)  
Therapies: Reconnection; Reiki

Name: **Vickie Griffith, CH, Adv. EFT Practitioner**  
Profession: Life Skills Consultant  
Address: 12421 Stone Horse Court  
Glen Allen, VA 23059  
Office Phone: 804-677-1174  
Email: [vickiegriffith@break-through.org](mailto:vickiegriffith@break-through.org)  
Therapies: Hypnosis, EFT  
Specialization: Weight loss, sports performance, Allergy Antidotes  
Website: [www.break-through.org](http://www.break-through.org) and [www.iqitstopsmokingnow.com](http://www.iqitstopsmokingnow.com)

Name: **Lynn Grodzki, LCSW-C, MCC (Master Certified Coach)**  
Profession: Psychotherapist, Business Coach  
Address: 910 La Grande Rd.  
Silver Spring, MD 20903  
Office Phone: 301-434-0766  
Email: [lynngrodzki@rcn.com](mailto:lynngrodzki@rcn.com)  
Therapies: Individual and group psychotherapy using an eclectic approach combining cognitive behavioral methods, body psychotherapy, energetic techniques, NLP, and EMDR, all coupled with a strong, pro-active coaching style  
Specialization: As a therapist, I work with Type A women and men who need to rebuild aspects of their lives. I am also a business coach for therapists and other healing professionals, including consultants, solopreneurs, and executives.  
Website: [www.privatepracticesuccess.com](http://www.privatepracticesuccess.com)  
Business coaching for reluctant entrepreneurs

[www.coreskillscoaching.com](http://www.coreskillscoaching.com)  
Executive coaching for women in the workplace

[www.lynngrodzki.com](http://www.lynngrodzki.com)

## Psychotherapy for adults

Name: **Hilde Groves**  
Profession: Natural Health Consultant, Usui and Karuna Reiki Master  
Address: 14913 Talking Rock Court  
Gaithersburg, MD 20878  
Home Phone: 301-340-6621  
Email: [hildegardgroves@aol.com](mailto:hildegardgroves@aol.com)  
Therapies: Natural Health Consultation, Energy Healing, Quantum Touch, Meditation, EFT, Detoxing footbaths with the FootSpa®  
Specialization I teach healthy, holistic lifestyle choices and detoxification techniques using EFT, meditation and/or the detoxing footbaths for support. The energy work I do is a combination of healing techniques that address the client's specific needs.

Name: **Helene N Guttman, Ph.D.**  
Profession: Transpersonal Counselor  
Office: Sound Balance  
5607 McLean Drive  
Bethesda, MD 20814  
Office Phone: 301-656-8980  
Home Phone: 301-656-8980  
Email: [hguttman@starpower.net](mailto:hguttman@starpower.net) [hguttman@soundbalance.net](mailto:hguttman@soundbalance.net)  
Therapies: Emotional Freedom Technniques (EFT); Past Life Regression; Hypnotherapy; Chakra Balancing; Bereavement Counseling (especially for loss of pets); Neurolinguistic Therapy (NLP); Reconnective Healing™ or the Reconnection; Reiki Healing & other energy balancing techniques.  
Specialization I work with Adults of All Ages. I do stress reduction group sessions - at your facility.  
Some issues/challenges from which my clients have found relief include: Agoraphobia, Asthma, Abuse (physical/mental), Addictions (e.g. smoking, snacking), Allergies, Anger, Carpal tunnel Syndrome, Unbalanced Chakras, Claustrophobia, Diabetes complications (e.g. painful neuropathy), Fears/Phobias, Limiting Beliefs, Pain, PTSD, Panic/Anxiety, Relationship Problems, Trauma (Emotional/Physical/Spiritual).  
Comments: If any of the following describe how you are feeling, consider calling for an appointment to begin on our path towards a happy, healthy life: Feeling Physical, Mental, or Emotional Stress, Anger, Pain or Guilt; Experiencing Hard-to-Resolve Conflict; Experiencing Low Self-Worth or Self-Loathing; Feeling Helpless, Hopeless or Forsaken Spiritually; Having Trouble Making or Maintaining Meaningful Relationships or Breaking Unhealthy Habits; Emotions Impede Healthy Eating Practices.  
Website: [www.soundbalance.net](http://www.soundbalance.net)

Name: **Liz Hamel, PhD, CFSP, CEH**  
Profession: Energy Medicine, Intuitive Readings & Teacher  
Address: P.O. Box 1616

Frederick, MD 21702  
Phone: 301-898-0035  
Toll Free: 1-877-448-4337  
Email: [liz@worldsister.com](mailto:liz@worldsister.com)  
Therapies: Energy Healing (Reiki and Chakra Work), Medium/Intuitive Counselor, and Channeling, Theta Healing, Feng Shui, President of Maryland Seminary  
Specialization Helping clients and students discover and reclaim their true purpose and power. Training offered: Certified Professional Energy Heal and Cert. Feng Shui with Maryland Seminary for Holistic Studies.  
Comments: Distance healing and on-site.  
Website: Website: [www.WorldSister.com](http://www.WorldSister.com) Classes: [www.MarylandHolistic.com](http://www.MarylandHolistic.com)

Name: **Nancy G. Hart**  
Profession: Alternative Therapist  
Address: 8317 Rolling Road  
Manassas, VA 20110  
Phone: 703-365-9424  
Email: [Nghart12@aol.com](mailto:Nghart12@aol.com)  
Therapies: NST, EFT, Auricular acupuncture, Malachite therapy, Allergy Antidotes, shaman healing treatments and Body Space Medicine  
Specialization Allergies

Name: **Margaret Hartmann, LCSW**  
Profession: Social Worker  
Office: 5 Blades Run  
Shrewsbury, NJ 07702  
Home Phone: 732-530-2926  
Email: [margyhart1@hotmail.com](mailto:margyhart1@hotmail.com)  
Therapies: Seemorg Matrix Work  
Specialization Individual therapy

Name: **Stephen Holland, PhD**  
Profession: Transformational Life Coach Astrologist  
Address: 21 Junction Rd.  
Dillsburg, PA 17019  
Office Phone: 717-512-8185  
Email: [Steveholland33@msn.com](mailto:Steveholland33@msn.com)  
Therapies: Family systems, gestault, Jungian, EMDR, astrology, ipsalu, tantra kriya yoga  
Specialization Crisis optimization/transformation. Life purpose/direction. Couples sexual.  
Website: [www.Steve-holland.com](http://www.Steve-holland.com)

Name: **Jane D. Holmes, Ph.D., L.P.C.**  
Profession: Licensed Professional Counselor  
Address: 3047 Lenox Rd., NE, #1108  
Atlanta, GA 30324  
Office Phone: 404-231-9568



Home Phone: 404-261-4231  
Email: [janehr@juno.com](mailto:janehr@juno.com) or [janedh@bellsouth.net](mailto:janedh@bellsouth.net)  
Therapies: TFTdx, EFT, BSFF, TAT, Seemorg Matrix, Whole Hearted Healing, and Traditional Psychodynamic Therapy (my original training).  
Specialization: Individual adults experiencing fears, phobias, and anxiety; grief, and after effects or trauma.  
Comments: I have been practicing energy psychology techniques since 1996 when I trained with the originator of TFT, Dr. Roger Callahan. I continue to learn new energy psychology techniques so that I may choose the treatment methods that are most effective with each individual person.

Name: **Raymond Holmes**  
CEO, QI Consulting, LLC  
Founder/Director Quintessence Institute LLC  
Profession: Stress Management Consultant, Senior Paralegal, Professional Speaker, Seminar and Workshop presenter, Accelerated Learning Trainer  
Address: 1747B Swann Street, N.W.  
Washington, D.C. 20009  
Office Phone: 202-272-8892  
Email: [Rayofquinn6655@yahoo.com](mailto:Rayofquinn6655@yahoo.com)  
Therapies: Re-evaluation Co-counseling, Self-Talk, Biolinguistics  
Specialization: Stress Awareness, inner-development, Jyoti Meditation  
Comments: I present public lectures, seminars, and workshops on Stress Awareness, Jyoti Meditation and Spiritual Growth.  
Website:

Name: **Gretchen D Horst, LCSW, DAPA**  
Profession: Social Work  
Address: 11870 Sunrise Valley Drive, Suite 200  
Reston, VA 20191  
Office Phone: 703-391-7380  
Home Phone: 703-716-4748  
Email: [TheDorrCenter@BigPlanet.com](mailto:TheDorrCenter@BigPlanet.com)  
Therapies: EMDR (nationally certified), ETT (Emotional Transformation Therapy), Gestalt, Hypnosis, Cognitive, Imagery, TFT (Thought Field Therapy), Reiki Master, Workshop Presenter of Goddess Weekends, also offer couples weekends in Rehobeth, Delaware and Shepherdstown, WVA.  
Specialization: Grief and loss, PTSD, terminal and chronic illness, anxiety disorders.  
Comments: I am the director of The Dorr Center, a Wellness Center where we focus on the whole person – mind, body and spirit.  
Website: <http://www.thedorrcenter.com/>

Name: **Lisa Howard-Grabman, MA, CEC**  
Profession: Personal/organizational Development Coach and Consultant  
Address: 3414 N Emerson Street  
Arlington, VA 22207  
Phone: (703) 241-1533  
Email: [lisahg@transformationcoaching.org](mailto:lisahg@transformationcoaching.org)

Therapies: EFT, pranic healing, Reiki, some NLP  
Specialization: Improvement of job performance, satisfaction and work/life balance, especially for international development professionals; life coaching; and consulting in community mobilization for health.

Website: [www.transformationcoaching.org](http://www.transformationcoaching.org)

Name: **Inspired Events of Maryland**

Profession: Gathering place for students and practitioners of spiritual inspiration

Address: 1350 Blair Drive, Suite G-2

Odenton, MD 21113

Email: [info@inspiredeventsofmd.com](mailto:info@inspiredeventsofmd.com)

Office Phone: 443-396-1282

Therapies: Our resident practitioners are capable of providing clients with spiritual guidance, channelings, dream interpretation and various intuitive readings. Additionally, our practitioners provide healing massage and therapy, Reiki energy work, and attunements. We also welcome practitioners who offer other healing modalities as well.

Specialization: Inspired Events of Maryland hosts special events with nationally recognized authors, speakers, and mediums, as well as many exciting and unique sessions with local and regional practitioners. For practitioners, our facility offers an excellent atmosphere for private readings, gallery events, channelings, Reiki shares, movie previews, and even multi-day workshops. Students of spiritual inspiration will find our facility offers many exciting choices for classes, lectures, forums, expos, spiritual movie previews, ministry services, and meetups — many at no charge.

Comments: Whether you are in search of answers or are called to help those seeking them, you will find that Inspired Events of Maryland fosters a growing community of individuals seeking to evolve together.

Website: [www.InspiredEventsofMD.com](http://www.InspiredEventsofMD.com)

Name: **Thomas C Kneavel, Ph.D.**

Profession: Clinical Psychologist

Office: 17-C Trolley Square

Wilmington, DE 19806

Office Phone: 302-654-7155

Email: [dockneavel@yahoo.com](mailto:dockneavel@yahoo.com)

Therapies: Central to all my work are the various energy psychologies. I employ mostly EFT and TAT with TFT and toxin elimination a la Sandi Radomski as needed. I use a developmental (neo-Anna Freud) approach as a way to define and clarify and center issues. I also employ a wide variety of standard therapeutic techniques to achieve the goals set forth by the ages and stages approach. Family of origin work blends nicely with the developmental. Some cognitive, some Carl Rogers! EMDR as modified for a developmental approach. Behavior therapy. Social learning. Relaxation techniques, some bio-feedback. Locus of Control to frame things.

Specialization: Child - adolescent - oppositional defiant children - stress disorders and issues - sexual perpetrators and those acting out sexually.

Name: **Vicki Kordell**  
Profession: Ordained Interfaith Minister, Ordained Ministerial Counselor, Healer, Spiritual Teacher, Wedding Officiate  
Address: 18329 Gardenia Way  
Gaithersburg, MD 20879  
Phone: 240-683-5519  
Email: [VickiKordell@comcast.net](mailto:VickiKordell@comcast.net)  
Therapies: Reiki, Divine Intervention, Light Language, Web Working (all spiritual modalities) and Pathways of Light, based on A Course in Miracles.  
Specialization Healing on all levels: Physical, Emotional, Mental and Spiritual. All Dis-Eases welcome.

Name: **Donna L Kris**  
Profession: Energy Consultant  
Address: 6511 Potomac Avenue, #B2  
Alexandria, VA 22307  
Home Phone: 703-768-0270  
Email: [sayudi@verizon.net](mailto:sayudi@verizon.net)  
Therapies: Healing Touch, Reflexology, Reiki

Name: **Deany Laliotis, LCSW-C**  
Profession: Mental Health  
Address: 5010 Edgemoor Lane  
Bethesda, MD 20814  
Office Phone: 301-718-9700  
Home Phone: 301-718-9717  
Email: [dlaliotis@aol.com](mailto:dlaliotis@aol.com)  
Therapies: EMDR, TFT, Color Therapy  
Specialization PTSD, anxiety, performance issues

Name: **Sharon Lampron, CMT**  
Profession: Kinesiologist, Massage Therapist  
Address: 3687 Clydesdale Roadway  
Reisterstown, MD 21136  
Office Phone: 410-239-1309  
Home Phone: 410-239-1309  
Email: [slampron@bcpl.net](mailto:slampron@bcpl.net)  
Therapies: Applied Physiology, Neural Organizational Work, Kinergetics, RESET, Touch for Health, Tappas Accupressure Technique, Psych-K, Energy Psychology, Emotional Freedom Technique, Hyperton-X. Bush, Bach & Desert Alchemy flower essences, Essential Oils, Cranio-sacral therapy, Neuro-Muscular Therapy, Accupessure, Onsen Therapy, Chakra Energy Balancing & Certified Massage Therapist.  
Specialization Since every soul is unique every session is unique. My specialization is being present with all of my being.  
Comments: My philosophy: We are wonderously made and have a healer within each of us which is the authority. I consider myself a partner in conversing with the healer within others and supporting the needs that

arise.

Name: **Gregory Lee**  
Profession: Acupuncturist and Spiritual Healer, CEO of the Two Frogs Healing Center  
Address: 170 West Patrick Street  
Frederick, MD 21701  
Office Phone: 301-228-3764  
Home Phone: 301-874-8386  
Email: [TwoFrogsHealingCenter@gmail.com](mailto:TwoFrogsHealingCenter@gmail.com)  
Therapies: Acupuncture, Herbs – Chinese and Middle Eastern, Sufi Spiritual Healing, Craniosacral Technique  
Specialization Daily chronic pain, Fibromyalgia, Lyme Disease, chronic fatigue, spiritual longing, emotional pain, symptoms that have an unknown origin or cannot be diagnosed by a physician.  
Comments: I am looking to network with other health care practitioners that want to develop a more cost-effective and efficient health care system.  
Website: [www.TwoFrogsCenter.com](http://www.TwoFrogsCenter.com)

Name: **Iris S. Lee**  
Profession: Astrologer and Personal Assistant to Steve Wentworth, Publisher of WholeLife Pages Directory  
Address: 5505 Atlantic Avenue  
Virginia Beach, VA 23451  
Office Phone: 757-425-6393  
Home Phone: 757-425-6393  
Email: [irislee@cox.net](mailto:irislee@cox.net)  
Therapies: Dreams; AURA Cleansing brush downs to release phobias and fears;  
Specialization Relationship Astrology (composite charts and synastry); Personal Planetary Phases: Workshops on Planetary Phases: Understanding our Natal Promise, knowing what we have chosen in this life and how to best utilize the energy.  
Comments: Astrology has been my passion since 1971 and I have been very lucky to have been mentored by what I consider to be the best. For many years I worked with the late Robert “Buz” Myers doing mini workshops, intensives and in his office in Virginia Beach. He was known internationally for his work as an Historian of Astrology and Metaphysics. Vickie Greene of Virginia Beach, Va. and Heidi Malvehil or Germany. Blessings are still coming my way with the people that I get to meet every day through astrology and working at WholeLife Pages.

Name: **Marlies Lersch**  
Profession: Holistic Health Consultant; Personal Performance Coach  
Address: 41831 Raspberry Drive  
Leesburg, VA 20176  
Phone: 703-777-8970  
Email: [marliesclersch@aol.com](mailto:marliesclersch@aol.com)

Therapies: Chinese Herbal Nutrition, EFT, BSFF, TAT (Philosophy of Regeneration)  
Specialization Teaching and sharing EFT in small groups

Name: **Lorna Levy, RScP**  
Profession: Professional Alignment Coach specializing in Law of Attraction Coaching  
Address: 1015 S. 46<sup>th</sup> Street  
Philadelphia, PA 19143  
Phone: 215-222-3149  
Email: energyteacher (at) yahoo.com  
Therapies: EFT – Emotional Freedom Technique, TFT – Thought Field Therapy, NLP – Neurolinguistic Programming, EFH – Emotional Freedom and Healing, Guided imagery and visualization, Spiritual mind affirmative prayer, Regression therapy, Intention and Alignment.  
Specialization Guiding you to align your thoughts and feelings with your desires to have the life you want. I specialize in moving ‘stuck’ energy and releasing limiting beliefs with EFT.  
Comments: Free newsletter, teleclasses, teaching Law of Attraction  
Website: <http://www.transform-u.com> and <http://lawofattraction.wordpress.com>

Name: **Debi Lewis**  
Profession: Wholistic Wellness Consultant  
Address: 1410 Laurel Street  
Kearney, MO 64060  
Phone: 816-792-8127  
Email: [deblewis@hotmail.com](mailto:deblewis@hotmail.com)  
Therapies: Emotional Freedom Technique, Tapas Acupressure Technique, Be Set Free Fast, Reiki, Herbalism, Flower Essence Practitioner  
Specialization Childhood abuse survivors, addictions, relationship enhancement, self esteem issues, post traumatic stress disorder

Name: **Mary Lynn Lipscomb, RN, AHN-C**  
Profession: Advanced Holistic Nurse  
Address: Fairfield, Virginia 24435  
Office Phone: 540-461-1002  
Email: [marylynnl@hughes.net](mailto:marylynnl@hughes.net)  
Therapies: EAV (electrodermal testing for energetic imbalance), homeopathy, detoxification, nutritional education, NMT (Neuromodulation Technique), consultation re: alternative/complementary methods of healing.

Name: **Rik Lostritto, Ph.D.**  
Profession: Pharmacist, Energy Healer, Martial Artist  
Address: 9100 Bannister Lane  
Gaithersburg, MD 20879  
Office Phone: 301-796-1697  
Home Phone: 301-977-3606

Email: [RikLostritto@Comcast.net](mailto:RikLostritto@Comcast.net)  
Therapies: Reiki, Quantum Touch, and Reconnective Healing  
Specialization Will work with all types of illness; plus creative arts and athletic performance enhancement.  
Comments: Extensive university-level teaching background. Offers courses in all levels of Reiki and other complimentary holistic health and healing approaches.

Name: **Robert R. Maldonado, M. Ed., Master Religion, Reiki Master, CHTP**  
Profession: Holistic Energy Healing Practitioner  
Address 4434 N 19th St  
Arlington, VA 22207  
Phone: 703-741-0874  
Email: [rrmaldonado@verizon.net](mailto:rrmaldonado@verizon.net)  
Therapies: Usui & Karuna Reiki, Magnified Healing, Healing Touch, Chinese Qigong  
Specialization Managing life transitions, stress and anxiety  
Comments: My philosophy is that everyone has the innate ability to heal themselves and others. My approach is to awaken the inner healer and restore harmony and balance to the energy field.

Name: **Ragnhild (Raggi) Malnati, LCSW-C**  
Profession: Licensed Clinical Social Worker  
Address: 1003 Crest Park Drive  
Silver Spring, MD 20903  
Office Phone: 301-445-6444  
Email: [raggi@comcast.net](mailto:raggi@comcast.net)  
Therapies: TIR and other Metapsychology Techniques, EFT  
Specialization Trauma and Personal Growth  
Comments: I also give TIR workshops which give 28 APA and social work CEUs.

Name: **Lucrezia Mangione**  
Profession: Bio-Energy Therapist, Bodyworker and Instructor  
Address: 229 Main Street  
Suite 2C  
Vergennes, VT 05491  
Office Phone: 802-578-3700  
Email: [hhservice@handcraftedhealth.net](mailto:hhservice@handcraftedhealth.net)  
Therapies: Healing Touch, Regression Therapy, Health Coaching, Energy Medicine methods, Shiatsu  
Specialization Care for the caregivers: Medical and health professionals, bodywork therapists, social workers, counselors, parents and those who care for others.  
Comments: I see clients in Vermont, Pennsylvania and DC. Telephone appointments available.

Name: **Hyun Martin, CMT, LMT, LE**  
Address: Be You Bi Yu Wellness Center & Spa  
5602 Shields Dr.

Bethesda, MD 20817  
Office Phone: 301-493-4911  
Email: [hyun@beyouspa.com](mailto:hyun@beyouspa.com)  
Therapies: BioEnergy, Energy Medicine, EFT, Shiatsu, Medical Massage, Russian Sports Massage, Active Isolated Stretching, Trigger Points, Cranio-sacral, Reiki Master, Qi Gong. As a licensed esthetician, I also love working with people to create a beauty regimen that supports their skin health and beauty without excess chemicals.  
Specialization Worked with Donna Eden, Rosalyn Bruyere, and many other gifted healers and teachers to hone my intuitive skills  
Comments: Be You Bi Yu Wellness Center & Spa heals and unveils the beauty of the world, one breath and one touch at a time by creating the space for learning what matters to our hearts, minds, bodies and souls.  
Website: [www.beyouspa.com](http://www.beyouspa.com)

Name: **Aphrodite Matsakis, Ph.D.**  
Profession: Psychologist  
Address: 10863 Bucknell Drive  
Wheaton, MD 20902  
Email: [amatsakis@starpower.net](mailto:amatsakis@starpower.net)  
Therapies: Eclectic, dreamwork, cognitive-behavioral, psychodynamic, existential, new at energy work.  
Specialization Civilian and combat trauma, women's issues, family/couple, PTSD, : guilt, depression.  
Comments: Author 10 books in psychology.  
Website: [www.matsakis.com](http://www.matsakis.com)

Name: **Helen McCollum, L.Ac., Dipl.Ac.**  
Profession: Acupuncturist  
Office: Virginia Beach, VA 23464  
Office Phone: 757-450-4010  
Home Phone: 757-479-4444  
Email: [hmccollum@earthlink.net](mailto:hmccollum@earthlink.net)  
Therapies: NAET, JMT, Acupuncture, BSFF

Name: **Maureen H McCracken, RN, CS, CHTI**  
Profession: Psychiatric Mental Health Clinical Nurse Specialist and Healing Touch Instructor  
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Herndon, VA 20170  
Mailing Address: 13190 Dashco Way  
Herndon, VA 20171  
Office Phone: 703-793-7496  
Home Phone: 703-713-1271  
Email: [roseheal@cox.net](mailto:roseheal@cox.net)  
Therapies: Certified in EMDR; Certified in Healing Touch as Practitioner and Instructor; Certified in CPR EMI, aromatherapy, music and voice.  
Specialization Specializing in couples' work, PTSD, depression, psychosomatic,

starting over in mid-life.  
Website: [www.healingtouchdc.com](http://www.healingtouchdc.com)

Name: **Jane R. McGoldrick, Psy.D.**  
Profession: Licensed psychologist, National Certified Counselor, Writer, Speaker  
Address: PO Box 3777  
Corrales, NM 87048  
Cell Phone: 240-988-5948  
Email: [jane@docmcg.com](mailto:jane@docmcg.com)  
Therapies: Holistic psychotherapy, EMDR, hypnosis, DNMS (Developmental Needs Meeting Strategy), coreSomatics, Reiki, bio-energy (Mietek Wirkus), Teleios Technique (Dr. Jim Cox)  
Specialization Clinical psychologist; Special interests: trauma recovery through holistic approaches; personal and spiritual growth and development; Native American healing traditions; homeopathic medicine

Name: **Elisa Medina, LCSW-C**  
Profession: Social Work  
Address: 8319 Jordan Valley Way  
Frederick, MD 21702  
Office Phone: 240-215-4943  
Home Phone: 301-668-5361  
Email: [elisacm@verizon.net](mailto:elisacm@verizon.net)  
Therapies: EFT, TAT, HBLU  
Specialization Family Therapy, stress and anxiety, work/life balance issues, chronic pain, grief/loss/death and dying  
Website: [www.medinapartnerships.com](http://www.medinapartnerships.com)

Name: **Jeanne Mitchler-Fiks, LCSW**  
Profession: Social Work  
Address: 2501 Calvert Street NW, #506  
Washington, DC 20008  
Office Phone: 202-588-9885  
Home Phone: Same  
Email: [jmfiks@aol.com](mailto:jmfiks@aol.com)  
Therapies: EMDR, Thought Field Therapy, healing, cognitive therapy, guided imagery, hypnosis, gestalt therapy  
Specialization Depression, relationships, pain management, anxiety, phobias. I also do telephone coaching with clients around a variety of issues.  
Comments: In therapy, I work within the client's own spiritual/religious belief system. I see this as a major strength and work with the client to utilize it.

Name: **Deborah Mitnick, LCSW-C**  
Profession: Psychotherapist; personal performance coach  
Office: 6525 North Charles Street  
Gibson Building, Suite 042  
Baltimore, MD 21204  
Office Phone: 410-494-1002



Email: [dmitnick@gis.net](mailto:dmitnick@gis.net)  
Therapies: EFT, BSFF, TAT, TIR, family systems, psychoanalytic, cognitive-behavioral  
Specialization Trauma, critical incident stress debriefing, grief, depression, anxiety  
Comments: Phone sessions available for EFT, BSFF, TAT sessions and for personal performance coaching.  
Website: <http://www.trauma-tir.com>

Name: **Robert R. Maldonado, M. Ed., Master Religion, Reiki Master, CHTP**  
Profession: Holistic Energy Healing Practitioner  
Address 4434 N 19th St  
Arlington, VA 22207  
Phone: 703-741-0874  
Email: [rrmaldonado@verizon.net](mailto:rrmaldonado@verizon.net)  
Therapies: Usui & Karuna Reiki, Magnified Healing, Healing Touch, Chinese Qigong  
Specialization Managing life transitions, stress and anxiety  
Comments: My philosophy is that everyone has the innate ability to heal themselves and others. My approach is to awaken the inner healer and restore harmony and balance to the energy field.

Name: **Mimi Malfitano**  
Profession: Energy Healer / Teacher  
Address 3246 Valley Drive  
Alexandria, VA 22302  
Phone: 703-820-6396  
Email: [mmmalfitano@comcast.net](mailto:mmmalfitano@comcast.net)  
Therapies: Reiki, Meditation, Emotional Release Therapy, Kriya Yoga, Body Breath Technique, Young Living Essential Oils, Crystal Healing.  
Specialization Depression, anxiety, asthma, self-esteem, relationships, obesity  
Website: [www.subtletransformations.com](http://www.subtletransformations.com)

Name: **Mary Morreale, MT-BC**  
Profession: Music Therapist  
Address: 12036 Greywing Sq. A4  
Reston, VA 20191  
Home Phone: 571-490-3439  
Email: [mary@empowerinnovations.com](mailto:mary@empowerinnovations.com)  
Therapies: Music Therapy, Guided Imagery and Music Therapy, Mandala Assessment  
Specialization Personal Discovery, Spiritual Formation/Development, Music and Creative Arts, Mandala Assessment and Interpretation  
Comments: Individual and group work in personal and spiritual development  
Website: <http://www.empowerinnovations.com>

Name: **Al Muehlberger**  
Profession: Massage Therapist; Assistant Professor; Director of Massage Therapy Program; Reiki Master; Reverend  
Address: 2 Livia Court, 3A

Baltimore, MD 21237  
Home Phone: 410-686-0250  
Office Phone 410-780-6431  
Email: [amuehl@juno.com](mailto:amuehl@juno.com)  
Therapies: Massage; subtle energy techniques (Reiki, crystals, chakra balancing)  
Specialization Various physical conditions suitable to Reiki and massage therapy applications; stress management; teaching and self-help techniques.

Name: **Paula Muran**  
Profession: Medical Intuitive/Empath, Teacher, Healer  
Phone only Roswell, Georgia  
Office Phone: 866-231-0023 (toll free)  
Email: [paulam@paulamuran.com](mailto:paulam@paulamuran.com) or [sovereignlight@yahoo.com](mailto:sovereignlight@yahoo.com)  
Therapies: Massage, acupuncture, chiro, cranial/sacral  
Specialization Paula is an expert at reading energy and specializes in locating buried subconscious patterns that often sabotage our lives, causing illness and injury in the body. She focuses on incorporating the 'whole' system: physical, emotional, mental and spiritual bodies. The outcome of her work is realizing the True divine self!

She also developed Sovereign Light Crystal Elixirs that release limiting belief patterns in the body's memory and Vibrational Sprays: Aromatherapy With A Twist Of Energy! Sprays that clear negative energy especially energy expelled from limiting patterns and thoughts.  
Comments: Phone sessions only, work with people all around the world.  
Website: [www.SovereignLight.com](http://www.SovereignLight.com)

Name: **Patricia A Mysak, M.A.**  
Profession: LifeWork Coach  
Address: Pasadena, MD 21122  
Phone 443-770-0443  
Email: [taocoach@excite.com](mailto:taocoach@excite.com)  
Therapies: Coaching, Acupoint Cognitive Energy Technique, TAT, EMDR  
Specialization Helping people find their truth and live it, in all the humble daily manifestations of it as well as in the grandest realizations of their dreams.  
Comments: The problem cloaks itself in complexity and mystery; the answer is often quite simple.

Name: **Linda Nainis**  
Profession: Healer, Researcher, Business Owner  
Address: HealthTone  
P.O. Box 30335  
Bethesda, MD 20824  
Office Phone: 301-320-7231  
Home Phone: 301-320-3143  
Email: [prottext@prottext.net](mailto:prottext@prottext.net)  
Therapies: Brennan Healing (Barbara Brennan School of Healing 2003 Graduate), Reiki, Tuning Fork Sound

Website: <http://www.lightworkerconstellation.com/>

Name: **Amanda Nauton**  
Profession: Holistic Health Educator  
Address: 917 Beyda Harbour  
Pasadena, MD 21122  
Office Phone: 443-956-8327  
Home Phone: 443-956-8327  
Email: [reikimanda@yahoo.com](mailto:reikimanda@yahoo.com)  
Therapies: USUI and Karuna Reiki, Intuitive Healer and Meditation  
Specialization: Teaching, Clients, Teaching Children Reiki and Meditation  
Website: [www.macnaughtondesign.com](http://www.macnaughtondesign.com)

Name: **Patti Nesbitt, Rev.**  
Profession: Spiritual nurturer, teacher, and healer  
Address: 17501 Doctor Bird Road  
Sandy Spring, MD 20860-1212  
Office Phone: 301-260-2494  
Home Phone: 301-260-2494  
Email: [pattines@comcast.net](mailto:pattines@comcast.net)  
Therapies: Energy healing; spiritual direction; MariEI; energy chelation; chakra balancing; bioenergetics; angel healing; kinesiology; reincarnational regression; guided meditations and visualizations; deconditioning and autogenics  
Specialization: Energy healing; spiritual direction; teaching; group work  
Comments: Affiliated with the Community of the Whole Person

Name: **Gregory Nicosia, Ph.D.**  
Profession: Psychologist  
Office: 4927 Centre Ave  
Pittsburgh, PA 15213  
Office Phone: 412-683-8378  
Home Phone: 412-322-2569  
Email: [No1HedDoc@aol.com](mailto:No1HedDoc@aol.com)  
Therapies: T.E.S.T., TFT, EMDR, Hypnosis, Biofeedback  
Specialization: Trauma, ADHD, learning disabilities, head injury  
Comments: T.E.S.T. (TFT) consultations by appointment

Name: **Kathy Oddenino, RN, BS**  
Profession:  
Office: 241 Log Barn Acres Road  
Pittsboro, NC 27312  
Office Phone: 919-545-9937  
Email: [joypub@aol.com](mailto:joypub@aol.com)  
Therapies: Kathy Oddenino Basic Healing Therapies; Spiritual Tutoring; Neural Depolarization  
Specialization: Health and healing of whole person using internal approach.  
Philosophy, The Science of Life.

Comments: Author – 7 books – defining our spiritual consciousness. Teach – seminars and retreats.

Website: [www.kathyoddenino.com](http://www.kathyoddenino.com)

Name: **Marilyn O’Leary**

Profession: Marketing and Business Development Coach for Holistic Practitioners

Address: Alexandria, Virginia

Work Phone: 703-489-1683

Email: [Marilyn@HolisticBusinessDevelopment.com](mailto:Marilyn@HolisticBusinessDevelopment.com)

Specialization Marketing and Business Development

Comments: Visit our website and learn the 6 steps to a full and thriving practice!

Website: [www.HolisticBusinessDevelopment.com](http://www.HolisticBusinessDevelopment.com)

Name: **Maureane O’Shaughnessy**

Profession: Iridologist/Consultant/Facilitator

Address: Washington, D.C.

Office Phone: 202- 232-2863

Email: [maureaneoshauugnessy@verizon.net](mailto:maureaneoshauugnessy@verizon.net)

Therapies: Iridology, Bach Herbs, EFT, Body Electronics, Energy Healing, Remote Healing, Retrievals, Personalized Nutritional Healing Programs, Life Coach

Specialization Acute and Chronic Illness, Energy Imbalances/Clearing, Medical Intuitive, Empath

Name: **Mary Kay Parkinson**

Profession: Counselor, Energy Therapist

Address: 9321 Ocala Street  
Silver Spring, MD 20901

Office Phone: 301-648-2836

Home Office: 301-589-2959

Email: [MKParkinson@yahoo.com](mailto:MKParkinson@yahoo.com)

Therapies: British School of Object Relations; Brennan healing science; Essential oils; Family constellations.

Specialization Highly sensitive people, spiritual issues, anxiety, children and adults.

Comments: I combine hands-on energy work with counseling. Good for those who are tired of only talking about their issues. Deepens connection with issues.

Name: **Jeanette Paroly, Ph.D., LPC**

Profession: Counseling and Consultation

Address: 4401 35th St. NW  
Washington, DC 20008

Office Phone: 202-237-2223

Email: [DrJeanetteParoly@aol.com](mailto:DrJeanetteParoly@aol.com)

Therapies: Somatic awareness; EMDR Certified; Brief Strobic Photostimulation, advanced trained; Focused Energy

Specialization General Practice, Individuals, Couples, Relationship Issues, Trauma, Pain Management, Creativity and Artistic Enhancement, Performance Enhancement

Comments: I work on a reduced fee basis where not covered by insurance.

Name: **Mary Patsel**  
Profession: Financial Counselor, "Money Coach"  
Address: 4415 Harrison Street, NW  
Washington, DC 20015-2107  
Office Phone: 202-966-6481  
Email: [marypatsel@starpower.net](mailto:marypatsel@starpower.net)  
Specialization The Language of Money – Prosperity Consciousness; Basic Financial Planning; Debt Management; Quicken instruction & Ease of Use; Any aspect of Life that Money affects.

Name: **Duffy Poindexter**  
Profession: Intuitive Healer, Spiritual Director  
Address: 3821 Sandy Lane  
Florence, SC 29501  
Phone: 240-643-1007  
Email: [apravinbear@juno.com](mailto:apravinbear@juno.com)  
Therapies: Earth based spirituality, Reiki, Meditation, Intuitive healing, Prayer  
Specialization Abuse, spiritual growth, family issues, physical illness

Name: **Michele A. Porzel, NCMT**  
Profession: Retreat Facilitator and Massage Therapist  
Address 8996 Burke Lake Road  
Burke, VA 22015  
Office Phone: 571-321-0379  
Home Phone: 703-455-4627  
Email: [mporz@cox.net](mailto:mporz@cox.net)  
Therapies: Craniosacral, Energywork, Sound Healing, Intuitive Guidance, Therapeutic Massage  
Specialization Intuitive Healing  
Comments: Head spiritual retreats – Seeds of Cosmic Consciousness Retreats  
Website: [www.IntuitiveHealingCenter.com](http://www.IntuitiveHealingCenter.com)

Name: **Christine Puglisi**  
Profession Business Owner, Reiki Master, medium  
Address: 1350 Blair Drive, Suite G  
Odenton, MD 21113

Phone: 443-745-6723  
Office Phone: 443-396-1282  
Email: [events@InspiredEventsofMD.com](mailto:events@InspiredEventsofMD.com)  
Therapies: Usui, Kundalini & Gold Reiki Master/Teacher, Magnified Healing, Donna Eden's Energy Healing, EFT, Reconnective Healing, Medical Intuitive, Cleansing&Clearing Homes, Psychic Detective  
Website: [www.InspiredEventsofMD.com](http://www.InspiredEventsofMD.com)  
Specialization Reiki & mediumship  
Comments Just formed InspiringEventsofMD.com with available practitioner spaces for rental such as healing rooms, training space, workshop & conference space up to 80 people. Evolving together...Our mission is to bring inspired people of the Baltimore MD - Washington DC area together to share knowledge and friendship in a welcoming and professional environment.

Name: **Sandi Radomski, N.D., LCSW**  
Profession: Psychotherapist and Naturopath  
Address: Ocean City, N.J.  
Phone: 610-695-9299  
Email: [SandiRadom@aol.com](mailto:SandiRadom@aol.com)  
Therapies: Allergy Antidotes, EFT, TFT Dx, TAT, EDXTM, BSFF, HR, Educational Kinesiology, NAET, NET, TBM  
Specialization Allergy treatment, Autism treatment  
Comments: Author: Allergy Antidotes: The Energy Psychology Treatment of Allergy-Like Reactions.  
Website: [www.AllergyAntidotes.com](http://www.AllergyAntidotes.com)

Name: **Lori Rock**  
Profession: Evolutionary Reiki Master and Magnified Healing Teacher  
Address: 1225 Michigan Court - North Old Town  
Alexandria, VA 22314  
Office Phone: 703-837-0049  
Email: [LARock.Namaste@comcast.net](mailto:LARock.Namaste@comcast.net)  
Specialization Helping clients identify and clear emotional blocks for issues or to move forward  
Comments: Offer Evolutionary Reiki I, II and III classes, as well as Magnified Healing Phase I class in North Old Town Alexandria VA.  
Website: [www.wisdomfromlori.blogspot.com](http://www.wisdomfromlori.blogspot.com)

Name: **Leonard Rosenbaum**  
Profession: Alternative cancer treatment & holistic health consultation & education  
Address: Washington, DC  
Office Phone: 202-393-2885  
Email: [leonardleonard1@earthlink.net](mailto:leonardleonard1@earthlink.net)  
Therapies: Intuitive massage, Reiki, holistic health information  
Specialization Diabetes, infectious diseases

Name: **Rose Rosetree**  
Profession: Writer and Teacher and Practitioner, Deeper Perception

Address: 116 Hillsdale Dr  
Sterling, VA 20164-1201  
Office Phone: 703-404-4357  
Home Phone: 703-450-9514  
Email: [RoseRosetree@Verizon.net](mailto:RoseRosetree@Verizon.net)  
Therapies: I use the methods of deeper perception in the books at <http://www.rose-rosetree.com>. In addition, for sessions of spiritual and emotional healing, I use techniques that move energy as well as give information. Active professionally since 1971, I've studied many techniques for spiritual, emotional and physical healing, but am best known for the innovative techniques that I've developed.  
Specialization Face Reading, Aura Reading, Techniques as a Skilled Empath, Soul Reading  
Comments: To receive a free monthly zine with face and aura readings of people in the news, email to [Rosetree@Starpower.net](mailto:Rosetree@Starpower.net). In the Subject line, put "Subscribe." You may unsubscribe at any time--or invite friends to subscribe. Your contact information is kept private.  
Website: <http://www.rose-rosetree.com>

Name: **Stephanie Rothman, CH-ET**  
Profession: Hypnotherapist/Energy Therapist/Reiki  
Address: Fremont, CA  
Office Phone: 510-870-0618  
Email: [Stephanie@lets-talk.com](mailto:Stephanie@lets-talk.com)  
Therapies: Rapid Transformational Hypnotherapy, EFT, BSFF, WLH, MMT, H-ET, PET, Reiki  
Specialization Smoking Cessation, Phobias, Stress Relief  
Comments: As the "Hands-On Hypnotherapist," I combine many different modalities for healing which is quite often done on a massage table. This is a wonderfully peaceful and transformative experience for my clients. I also like to teach my clients techniques to empower them. My agenda is to help my clients achieve their healing goals the fastest and least painful way possible. I look forward to talking with you.  
Website: [www.lets-talk.com](http://www.lets-talk.com)

Name: **Susan Samakow, CPCC**  
Profession: Life and Business Coach  
Address: Susan Samakow Coaching, LLC  
9812 Falls Road, Suite 114-222  
Potomac, MD 20854  
Office Phone: 301-706-7226 and 703-472-7690  
Home Phone: 301-706-7226  
Email: [susan@selftalkcoach.net](mailto:susan@selftalkcoach.net)  
Specialization Life and Business Coaching  
Comments: I am a committed partner who guides people to living a more balanced life, to help them focus, move forward, and get them into action from the first session on. I help them reach their goals, fulfill their dreams, and to guide and support them to lead the life they desire. I help them discover what path they want to travel on. I offer a complimentary

session to give people a taste of what coaching is like.  
Website: [www.selftalkcoach.net](http://www.selftalkcoach.net)

Name: **Rachel B. Sand, Psy.D.**  
Profession: Holistic psychotherapist  
Address: Meridians  
321 Main Street  
Gaithersburg, MD 20878  
Office Phone: 267-250-9864  
Email: [health@rachaelsand.com](mailto:health@rachaelsand.com)  
Therapies: Thought Field Therapy; Emotional Freedom Technique  
Specialization: Stress and pain management; balanced well-being of mind/body/spirit

Name: **Evelin E Saxinger, ND, ACH**  
Profession: Holistic Health Consultant and Life Transitions Coach  
Address: 5435 Barrister Place  
Alexandria, VA 22304-1957  
Phone: 703-578-4513  
Office Phone: 571-232-2737  
Email: [esaxinger@comcast.net](mailto:esaxinger@comcast.net)  
Therapies: EFT, BSFF, NLP, Hypnosis  
Specialization: Stress, nutrition, weight, health and wellness, relationships, personal performance, fears and anxieties, behavior change

Name: **Leya K Schiller**  
Profession: Reiki III, Lyme wellness Mentor, CFS/FM/ME state contact for maryland  
Address: Salsibury, MD  
Office Phone: 410-430-5653  
Home Phone: 410-749-0410  
Email: [leyakatrina@comast.net](mailto:leyakatrina@comast.net)  
Therapies: Reiki, Quatam Healing, Rife, The healing codes system, EFT (Emotional freedom technique) Herbal/supplement "suggestions", eav testing, aroma therapy, patient mentoring, physician and/or support group referrals.  
Specialization: Distance Healing reiki for the following conditions: Lyme, CFS (CFIDS), FM, ME, Lupus, Chronic illness, Chronic Pain, arthritis, GYN problems (Especially fibroids, endometriosis, ovary cysts, PMS) Depression, Metabolic syndrome (Hormonal imbalance), Autism, Asperger's, PDD-NOS. Some life coaching.

Comments: I provide distance healing energy (reiki) to anyone that feels they could benefit from this energy.

Please note..to everyone not just those with the above conditions!!, The first week of energy is FREE then I charge 35 dollars for every week thereafter. Also please ask me about the free rife computer program that I send people to anyone with a yahoo email account. I will be happy to send it to anyone who



asks and wants to try it for their situation.  
Website: [www.myspace.net/leyaschiller](http://www.myspace.net/leyaschiller)

Name: **Carole Seaver, MA, NCC**, ACEP Member  
Address: Toms River, New Jersey  
Phone: 908-278-2729  
Email: [Carole@energyhealingzone.com](mailto:Carole@energyhealingzone.com)  
Therapies: EFT, AFT (ATTRACTOR FIELD TECHNIQUE), ERT(EMOTIONAL RELEASE THERAPY), TAT, RET(SSPT), IET(INTEGRATED ENERGY THERAPY), BSFF, Resonance Repatterning, Louise Hay Method (Workshops and Counseling), Holistic Counseling, MindBody Coaching, Energy Medicine, Energy Psychology, Chakra Balancing, Just Touch, Quantum Codes for Bio-Energetic Healing  
Specialization Dis-ease of the Body, Mind, and/or Spirit in its various manifestations, e.g.: Substance Addictions, food, tobacco, and alcohol); Trauma (sexual abuse, childhood abuse, PTSD); Physical diseases including Cancer, HBP, etc.; Learning Disabilities including ADD/ADHD; Self-Esteem/Confidence Issues; Motivation; Enhanced Performance in Areas of Interest, (Academics, Sports, Career); Increasing Wellness and Well-being  
Comments: I look forward to being your guide and partner in your quest for Self-Mastery and to Achieve Your Dreams.  
Website: [www.energyhealingzone.com](http://www.energyhealingzone.com)

Name: **L.W. "Tres" Shaffer, MS, CMT, LPC**  
Profession: Counselor  
Address: Monument Medical Building, 4908 Monument Avenue, Suite 102  
Richmond, VA  
Office Phone: (804) 914-9377  
Home Phone: (804) 379-9377  
Email: [Tres\\_s@hotmail.com](mailto:Tres_s@hotmail.com)  
Therapies: EFT, BSFF, Quantum Touch, EmoTrance  
Specialization Addictions, mood disorders  
Comments: 1<sup>st</sup> USA certified trainer/practitioner of EmoTrance

Name: **Mary S Shaughnessy, Ph.D.**  
Profession: Psychologist  
Address: P.O. Box 1985  
Waldorf, MD 20604-1985  
Office Phone: 301-814-9894  
Home Phone: 301-372-8408  
Email: [Shaughnessy17@comcast.net](mailto:Shaughnessy17@comcast.net)  
Therapies: EMDR, TFT, BSFF, EFT, NLP, Cognitive-Behavioral  
Specialization Children, adolescents, families, PTSD

Name: **Sandy Sheinman, LMT**  
Profession: Licensed Massage Therapist/Reiki Master  
Address: 9553 White Pillar Terrace  
Gaithersburg, MD 20882

Office Phone: 301-928-3199  
Home : 301-391-6595  
E-Mail: SandySheinman@comcast.net  
Therapies: Massage = Swedish and Deep Tissue. Cranial sacral Therapy. Reiki-  
Energy work, Myofascial Release, Aromatherapy  
Specialization Cranial Work and Energy Therapies, Intuitive Guidance Work

Name: **Lisa Stafford, BS, C-EHP**  
Profession: **Certified Energy Health Practitioner**  
Office 1125 Nelson Street  
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Mailing PO Box 10194  
Address Rockville, MD 20849  
Phone:  
Email: [lisacarolann@aol.com](mailto:lisacarolann@aol.com)  
Therapies: Allergy Antidotes, Be Set Free Fast (BSFF), Chakra Balancing, Crystal  
Healing, Donna Eden's Energy Medicine, Emotional Freedom  
Technique (EFT), and Reiki Master.  
Comments: Certified Energy Health Practitioner through The Association of  
Comprehensive Energy Psychology (ACEP).

Name: **Jan Steele, JD MSW**  
Profession: Therapist / Coach  
Address: McLean, Virginia 22102  
Phone: 703-448-8472  
Email: [jansteele2@gmail.com](mailto:jansteele2@gmail.com)  
Therapies: EMDR, EFT, BSFF  
Specialization Getting unstuck, self esteem and self confidence, anxiety, traumas,  
personal peace and performance.

Name: **Rebecca L Stearns, L.Ac.**  
Profession: Acupuncturist  
Address: 944 Gentlewood Street  
Gaithersburg, MD 20878  
Work Phone: 301-330-5612  
Cell Phone: 301-213-2444  
Email: [Rebeccas27@verizon.net](mailto:Rebeccas27@verizon.net)  
Therapies: Acupuncture/Acupressure, Homeopathy, Enzyme Therapy, NAET,  
BioSET, JMT, NET (Neuro-Emotional Technique), ESI (Emotional  
Stress Integration), EFT, BSFF, Tapas, Therapeutic QiGong  
Specialization Food and Environmental Allergies, Children's Disorders, (Autism,  
ADD/ADHD), Auto-Immune Disorders ((Thyroid, Adrenals, Lymes,  
Lupus, CFS, Arthritis, RA, Fibromyalgia), and all forms of female  
disorders.  
Comments: I focus on bioenergetic and metabolic protocols to easily balance and  
program the body not to attack itself as well as support detoxification  
pathways. I also perform Biological Terrain Assessments through in-  
house computerized analysis of blood, urine and saliva specimens in

order to identify underlying biochemical dysfunction.

Name: **Victoria Stewart** (formerly Ginny Frush)  
Profession: Healer  
Address: 518 Greenblades Ct  
Arnold, MD 21012  
Home Phone: 410-757-9018  
Email: [Victoriafstewart@hotmail.com](mailto:Victoriafstewart@hotmail.com)  
Therapies: Healing Touch, meditation  
Specialization: Healing Touch, coaching

Name: **Marilyn Stickle, LCSW, BCD**  
Profession: Clinical Social Work  
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Arlington, VA 22207  
Office Phone: 703-533-1038  
Home Office: 703-790-0232  
Email: [mbstickle@aol.com](mailto:mbstickle@aol.com)  
Therapies: Holistic therapy that integrates the Spirit in diagnosis and treatment, building on psychodynamic understanding of development and change..  
Specialization: Individual adult and couples therapy. Adult groups incorporating meditation. Meditation/Discussion groups for clinicians.  
Comments: The Spirit-Mind-Body clinical model of practice integrates Eastern and Western thought, and places understanding of change within the energetic nature of experience. Connection, sensitivity, intuition and authentic presence redefine the nature of the therapeutic relationship and the goals of treatment.

Name: **Trudy Summers, Ph.D.**  
Profession: Psychologist  
Address: 10048 Colebrook Avenue  
Potomac, MD 20854  
Office Phone: 301-251-4188  
Home Phone: 301-251-8848  
Email: [trudysummers@yahoo.com](mailto:trudysummers@yahoo.com)  
Therapies: Ego state/psychodynamic

Name: **Beth Terrence, CMT**  
Profession: Massage Therapist and Holistic Healing Arts Practitioner  
Address: 14 1/2 E. 3rd Street  
Frederick, MD 21701  
Cell Phone: 443-223-0848  
Email: [Bethlehem123@yahoo.com](mailto:Bethlehem123@yahoo.com)  
Therapies: Massage Therapy (Swedish/Shiatsu/Reflexology), Reiki, Bach Flower Remedies, PEER (Primary Emotional Energy Recovery), Zero Balancing, Craniosacral Therapy, Nutrition  
Specialization: Treatment for Fibromyalgia and Autoimmune Disorders, Lifestyle Coaching/Self-Care Programs, Inner Child and Abuse Issues  
Comments: My focus is assisting clients to develop a holistic program which can

support their own healing and personal growth. My work incorporates energy centered bodywork, nutrition, emotional healing and spiritual practice.

Name: **Sharon Cass Toole, Ph.D.**  
Profession: Psychotherapist  
Office: 16-15 Holmes Avenue  
Toronto, Ontario, Canada, M2N 4L8  
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Email: [sharon@meridianpsych.com](mailto:sharon@meridianpsych.com)  
Therapies: EMDR, EFT, BSFF, TAT, NLP, Hypnosis  
Specialization: Traumatic stress, depression, abuse issues, addictions, chronic pain, allergies  
Website: [www.meridianpsych.com](http://www.meridianpsych.com)

Name: **Anna Toyna**  
Profession: Medical intuitive, Intuitive consultant  
Address: Pasadena, Maryland  
Phone: 410-360-7360  
Email: [Anna@AnnaToyna.com](mailto:Anna@AnnaToyna.com)  
Therapies: Intuition, past life regression, nondominant hand therapy, lecture and teacher.  
Specialization: Columnist for health quest magazine; column in smart woman magazine, radio talkshow host, seminars on cruise ships.  
Comments: I offer information about any personal matter. Health is my specialty, but I can answer questions about anything pertaining to the individual asking the question including relationships, business, commerce, etc. My job is to give usable information accurately.

Name: **Karen Tretick**  
Profession: Wellness & Lifestyle Coach  
Address: 11609 Sir Spencer Way  
Germantown, MD 20876  
Home/Office: 301-916-0575  
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Email: [carefreewc@msn.com](mailto:carefreewc@msn.com) or [successnowcoach@msn.com](mailto:successnowcoach@msn.com)  
Therapies: Vibroacoustic Therapy; Neurolinguistic Programming; Lifestyle & Wellness Coaching; Mind/Body Integration; Hypnotherapy; HypnoBirthing; Massage Therapy; Be Set Free Fast (Complex); Reiki (Master Teacher); Reflexology  
Specialization: Rapid change facilitations of all kinds.  
Comments: I work with those who are ready, willing and desire to attract their highest and best good, using basic concepts of the Universal Laws of Creation, combined with any of the above techniques and services the client is delighted with.

Name: **Debbie Ulrich, En. K., C.N.H.P., C.S.N.**  
Profession: Certified Energy Kinesiologist, Certified Natural Holist Practitioner, Certified Sports Nutritionist

Address: 673 Wellerburn Ave  
Severna Park, MD 21146  
Phone: 410-868-7407  
Email: [sorulr@comcast.net](mailto:sorulr@comcast.net) or [debbie@energybalance4u.com](mailto:debbie@energybalance4u.com)  
Therapies: EFT, TAT, Energy Medicine, Applied Physiology, Kinergetics, RESET, Allergy Antidotes, LEAP, Brain Gym, Distance Healing, Bach Flower remedies  
Specialization Brain integration and learning disorders, Metal detoxification, Candida detoxification, Allergy elimination, Migraines, Chronic headaches, Stress elimination, Chronic pain, Chronic illness, Traumas, Sabotage, Emotional clearing.  
Comments: I enjoy working with people as well as pets. I work on all three energy fields to create homeostasis in the body. I incorporate past traumas/emotions as they relate to the issue my client is dealing with to enable the body to let go of the illness, pain and or disease it is struggling with.  
Website: [www.energybalance4u.com](http://www.energybalance4u.com)

Name: **Debby Vajda, LCSW, BCD, D.CEP**  
Profession: Clinical Social Worker  
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Phone: 541-602-6388 Phone:  
Email: [debby@the4dgroup.com](mailto:debby@the4dgroup.com)  
Therapies: Thought Field Therapy (TFT), Emotional Freedom Technique (EFT), Be Set Free Fast (BSFF), Integrative States Therapy (iSt), Complex Instant, Allergy Antidotes (trained by Sandi Radomski), Jaffee-Mellor Techniques (JMT), NeuroModulation Technique (NMT), Metabolic Applications of NAET, resonance tuner, Holographic Repatterning, Holographic Memory Resolution, Reiki, and Healing Touch  
Specialization Depression, bipolar disorder, anxiety, phobias, chronic pain, medical problems, smoking cessation, substance abuse, trauma resolution, allergies, eating disorders, obsessive-compulsive disorder, chronic fatigue, fibromyalgia.  
Website: [www.DebbyVajda.com](http://www.DebbyVajda.com)

Name: **Elaine K Weiner, M.Ed., R.N., CS-P, CGP**  
Profession: Nursing (Nurse psychotherapist - Masters level)  
Address: 11408 Fairoak Drive  
Silver Spring, MD 20902  
Office Phone: 301-681-7671  
Email: [elaineweiner@verizon.net](mailto:elaineweiner@verizon.net)  
Therapies: EMDR (certified), TFT Levels I & II, Hypnosis, NLP - Masters level, Gestalt Therapy, Cognitive behavioral.  
Specialization Adult children of abuse; survivors of incest; PTSD; mood disorders.  
Comments: Diplomate, American Association of Experts in Traumatic Stress

Name: **Mary "Mo" Wheeler, Ph.D.**  
Profession: Healer

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Therapies: Guided Healing  
Website: [www.EnergyHealingPartners.com](http://www.EnergyHealingPartners.com)

Name: **George L. White**  
Profession: Researcher  
Address: 1708 Truro Road  
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Home Phone: 410-721-1673  
Email: [glwglw002@hotmail.com](mailto:glwglw002@hotmail.com)  
[glwglw002@yahoo.com](mailto:glwglw002@yahoo.com)  
Therapies: EFT (Emotional Freedom Technique)  
Developed by Gary Craig  
Located at <http://www.emofree.com>  
Specialization Childhood Trauma, Addictions, Depression  
Comments: POINT OF WELLNESS offers education and tools aimed toward specific causes of illness in order to provide complete relief. Specializing in relieving unwanted symptoms originating from childhood trauma, addictions and depression, the leading cause of physical, emotional and spiritual discomfort EFT (Emotional Freedom Technique) can be a rapid return to health and wellness.  
Website: <http://www.pointofwellness.com>

Name: **David Wigtil, Ph.D.**  
Profession: Computer systems analyst; foreign language professor  
Address: 11479 Applegrath Way  
Germantown, MD 20876  
Home Phone: 301-540-1121 (preferred)  
Cell Phone: 301-922-2563  
Email: [wigtil@his.com](mailto:wigtil@his.com)  
Therapies: Shamanic methods such as power animal retrieval, soul retrieval, extraction, depossession, divination/finding, and others.  
Specialization Soul retrieval and other shamanic healing methods, psychopomp work (post-mortem soul guidance), weather.  
Comments: A listing of 200+ East Coast shamanic events and a book listing of 400+ titles related to shamanism are on-line at <http://www.his.com/wigtil/shamanism.htm> -- event calendar is also available by e-mail. English translations of spiritually related texts from Spanish, French, and German. Educational background in Christianity, Judaism, and classical Western mythology, so I can also translate between shamanic perspectives and modern religious views.

Name: **Katherine Wright, Ph.D.**  
Profession: Stress and Performance Coach

Address: 8709 Cold Spring Road  
Potomac, MD 20854  
Office Phone: 301-279-8709  
Email: [kwright@vitability.com](mailto:kwright@vitability.com) or [KDesai@Vitability.com](mailto:KDesai@Vitability.com)  
Therapies: Life Transformation MindBodySpirit Coaching, Jim Shin, Acupressure, Zero Balancing, Chakra Opening/Balancing, Mindfulness Meditation, Breathing Techniques, Energy Movement Techniques, Yoga, Oriental Philosophy of Healing – 5-element Theory, Reiki, Feng Shui, Neurolinguistic Programming, TAT, EFT, Cranio-Sacral Bodywork, Overall MindBodyEnergy techniques to balance stress and improve performance.  
Specialization Life transformation and Stress and Performance Coaching. Individuals, groups, teleclasses, and workshops..  
Comments: I provide mostly coaching telephone sessions with a variety of individuals seeking balance and fulfillment in their lives. I do virtual telephone groups and individual coaching and live workshops. In addition, I conduct in person Acupressure, Massage and Bodywork to optimize outcomes. My focus is teaching techniques to bring balance and harmony to the mindbodyspirit.

Name: **Montgomery Young, CBT**  
Profession: Quantum Biofeedback Technician  
Address: 16488 Frederick Road  
Woodbine, MD 21797  
Office Phone: 410-489-9982  
Email: [Montgomery@breathespace.com](mailto:Montgomery@breathespace.com)  
Therapies: Quantum Biofeedback, Ionic Footbath  
Specialization Stress balancing  
Website: [www.breathespace.com](http://www.breathespace.com)

Name: **Hillel Zeitlin, LCSW-C**  
Profession: Social Worker/Psychotherapist  
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Baltimore, MD 21215  
Office Phone: 410-358-1381  
Home Phone: 410-358-7326  
Email: [mehyp@aol.com](mailto:mehyp@aol.com)  
Therapies: Clinical hypnosis, Ericksonian approaches, NLP, TFT, eye movement therapies, yoga, solution-focused, various energy approaches, pursuing certification in Edu-K.  
Specialization Pain control, anxiety and depression, smoking cessation, trauma and phobia treatments, mind/body conflicts (allergies, backaches, fibromyalgia ... )

Name: **Mary Lee Zetter, LCSW-C**  
Profession: Clinical Social Worker  
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Home Phone: 410-268-8309

Email: [mlzetter@comcast.net](mailto:mlzetter@comcast.net)

Therapies: Seemorg Matrix Energy Therapy, TFT, EFT, BSFF, NLP,  
Hypnotherapy, Cognitive Tx and Energy Therapy

Specialization Women's issues, pain management, Healing States, anxiety and  
depression, couples therapy, trauma and sexual abuse

Prepared by Shawn Adler

Great Falls, Virginia

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ETN, Debby Vajda, LCSW and Shawn Adler are not responsible for any errors or  
misrepresentations, if any appear in this directory.